TDTS21 Advanced Networking

Lecture: Transport, including TCP and congestion control ...

Based on slides from D. Choffnes, P. Gill, and S. Katti Revised Spring 2019, 2021 by N. Carlsson

Holding the Internet Together

- Distributed cooperation for resource allocation
 BGP: what end-to-end paths to take (for ~O(100K) ASes)
 TCP: what rate to send over each path (for ~O(1B) hosts)
 - **AS 2 AS 1 AS 3 AS 4** 9 💻

What Problem Does a Protocol Solve?

□ BGP path selection

- Select a path that each AS on the path is willing to use
- Adapt path selection in the presence of failures
- TCP congestion control
 - Prevent congestion collapse of the Internet
 - Allocate bandwidth fairly and efficiently

What Problem Does a Protocol Solve?

- BGP path selection
 - Select a path that each AS on the path is willing to use
 - Adapt path selection in the presence of failures
- TCP congestion control
 - Prevent congestion collapse of the Internet
 - Allocate bandwidth fairly and efficiently

Today, we will focus on TCP (and UDP) ...

Transport Layer

Application Transport Network Data Link Physical

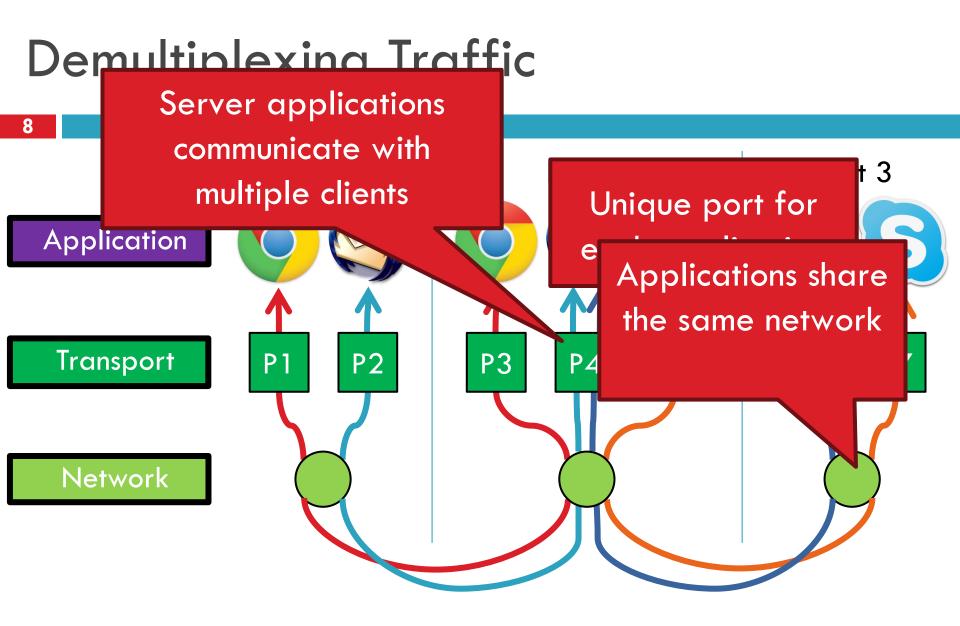
5

Function:

- Demultiplexing of data streams
- Optional functions:
 - Creating long lived connections
 - Reliable, in-order packet delivery
 - Error detection
 - Flow and congestion control
- Key challenges:
 - Detecting and responding to congestion
 - Balancing fairness against high utilization

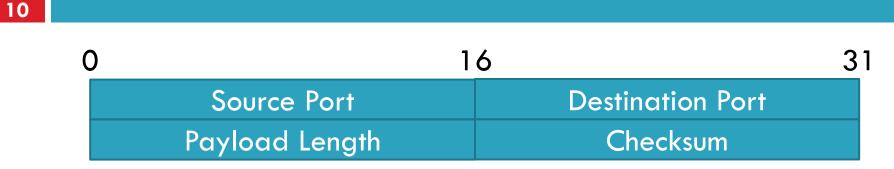


- UDP
- TCP
- Congestion Control
- Evolution of TCP
- Problems with TCP



Endpoints identified by <src_ip, src_port, dest_ip, dest_port>

User Datagram Protocol (UDP)



- Simple, connectionless datagram
- Port numbers enable demultiplexing
 - 16 bits = 65535 possible ports
 - Port 0 is invalid
- Checksum for error detection
 - Detects (some) corrupt packets
 - Does not detect dropped, duplicated, or reordered packets

Uses for UDP

11

Invented after TCP

- Why?
- Not all applications can tolerate TCP
- Custom protocols can be built on top of UDP
 Reliability? Strict ordering?
 - Flow control? Congestion control?

Examples

- □ DNS, ...
- RTMP, real-time media streaming (e.g. voice, video)
- Facebook datacenter protocol



- UDP
- □ TCP
- Congestion Control
- Evolution of TCP
- Problems with TCP

Transmission Control Protocol

13

- Reliable, in-order, bi-directional byte streams
 - Port numbers for demultiplexing
 - Virtual circuits (connections)
 - Flow control
 - Congestion control, approximate fairness

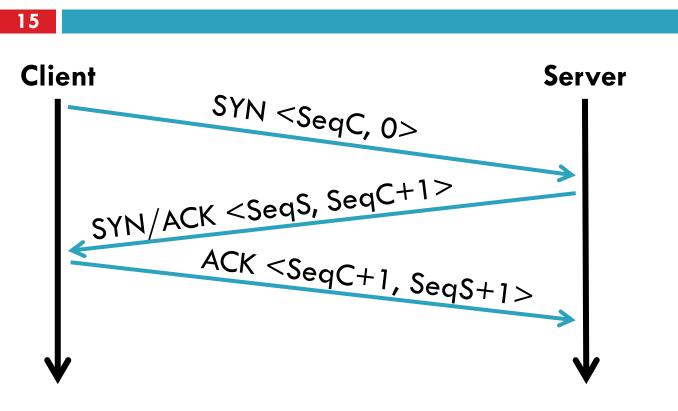
0	4 16		31	
		Source Port	Destination Port	
	Sequence Number Acknowledgement Number			
	HLen	Flags	Advertised Window	
	Checksum Urgent Pointer			
	Options			

Connection Setup

14

- □ Why do we need connection setup?
 - To establish state on both hosts
 - Most important state: sequence numbers
 - Count the number of bytes that have been sent
 - Initial value chosen at random
- Important TCP flags (1 bit each)
 - SYN synchronization, used for connection setup
 - ACK acknowledge received data
 - FIN finish, used to tear down connection

Three Way Handshake



Each side:

Notifies the other of starting sequence number
 ACKs the other side's starting sequence number

Connection Setup Issues

16

Connection confusion

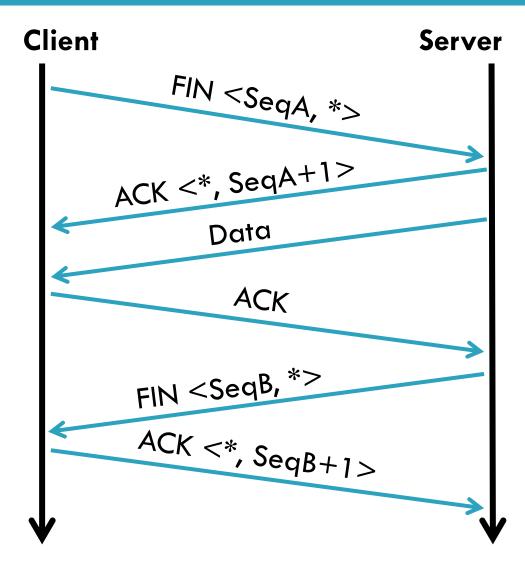
- How to disambiguate connections from the same host?
- Random sequence numbers
- Source spoofing
 - Kevin Mitnick
 - Need good random number generators!
- Connection state management
 - Each SYN allocates state on the server
 - SYN flood = denial of service attack
 - Solution: SYN cookies



Connection Tear Down

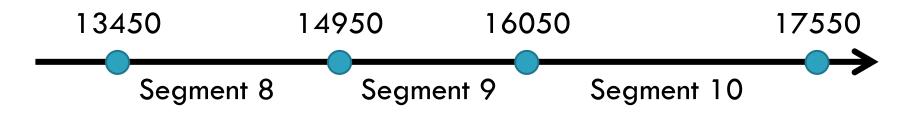
17

- Either side can initiate tear down
- Other side may continue sending data
 - Half open connection
 - shutdown()
- Acknowledge the last FIN
 - Sequence number + 1

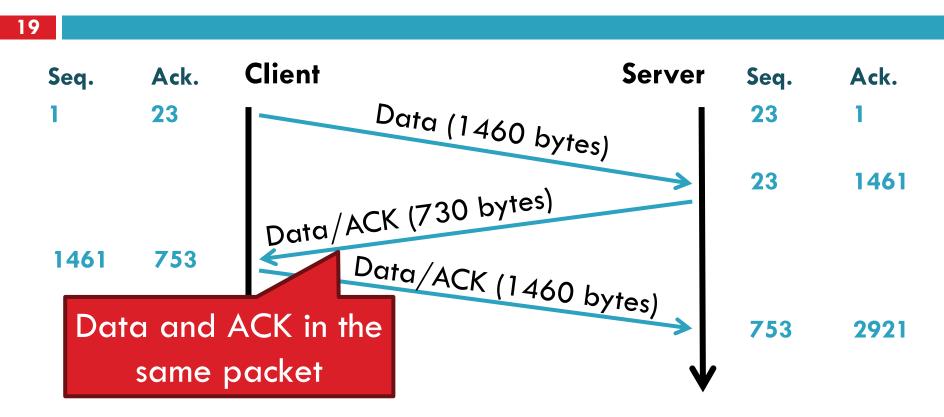


Sequence Number Space

- 18
- TCP uses a byte stream abstraction
 - Each byte in each stream is numbered
 - 32-bit value, wraps around
 - Initial, random values selected during setup
- Byte stream broken down into segments (packets)
 - Size limited by the Maximum Segment Size (MSS)
 - Set to limit fragmentation
- Each segment has a sequence number



Bidirectional Communication



Each side of the connection can send and receive
 Different sequence numbers for each direction

Flow Control

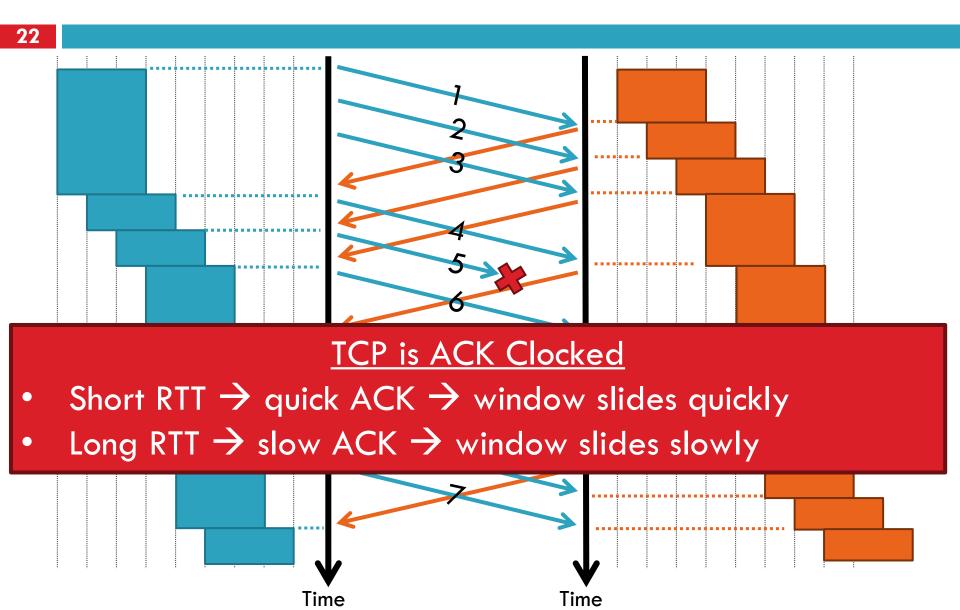
- Problem: how many packets should a sender transmit?
 - Too many packets may overwhelm the receiver
 - Size of the receiver's buffers may change over time
- □ Solution: sliding window
 - Receiver tells the sender how big their buffer is
 - Called the advertised window
 - For window size n, sender may transmit n bytes without receiving an ACK
 - After each ACK, the window slides forward

Flow Control: Sender Side

21

Packet Received Packet Sent Src. Port Dest. Port Src. Port Dest. Port Sequence Number Sequence Number Acknowledgement Number Acknowledgement Number HL HL Window Flags Window Flags **Urgent Pointer** Checksum **Urgent Pointer** Checksum Must be buffered until ACKed **Outside Window** ACKed Sent To Be Sent Window

Sliding Window Example



Observations

- 23
 - □ Throughput is ~ w/RTT

Sender has to buffer all unacknowledges packets, because they may require retransmission

Receiver may be able to accept out-of-order packets, but only up to buffer limits

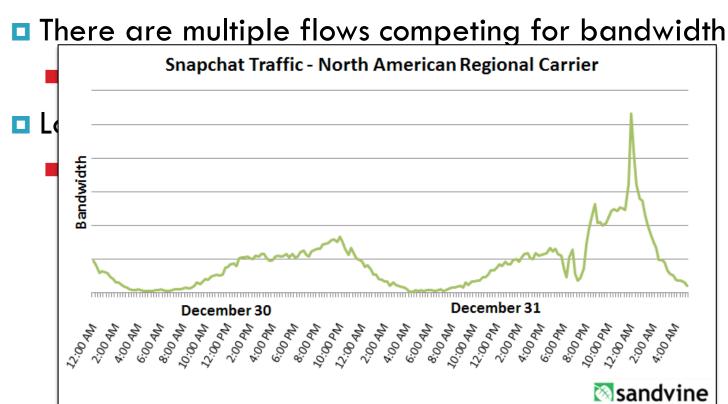


- UDP
- □ TCP
- Congestion Control
- Evolution of TCP
- Problems with TCP

What is Congestion?



- Load on the network is higher than capacity
 - Capacity is not uniform across networks
 - Modem vs. Cellular vs. Cable vs. Fiber Optics



Why is Congestion Bad?

26

- Results in packet loss
 - Routers have finite buffers
 - Internet traffic is bursty, no buffer can prevent all drops
 - When routers get overloaded, packets will be dropped

Practical consequences

- Router queues build up, delay increases
- Wasted bandwidth from retransmissions
- Low network "goodput"

CONGESTION AVOIDANCE AND CONTROL

VAN JACOBSON '88

Main contributions

Seven new algorithms:

- 1. RTT Variance estimation
- 2. Exponential retransmit timer backoff
- 3. Slow-start
- 4. More aggressive receiver ack policy
- 5. Dynamic window sizing on congestion
- 6. Karn's algorithm
- 7. Fast retransmit

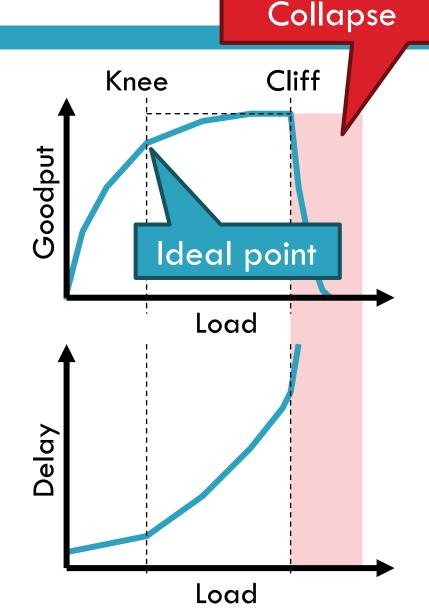
Paper explores the first 5.

The Danger of Increasing Loc Congestion

29

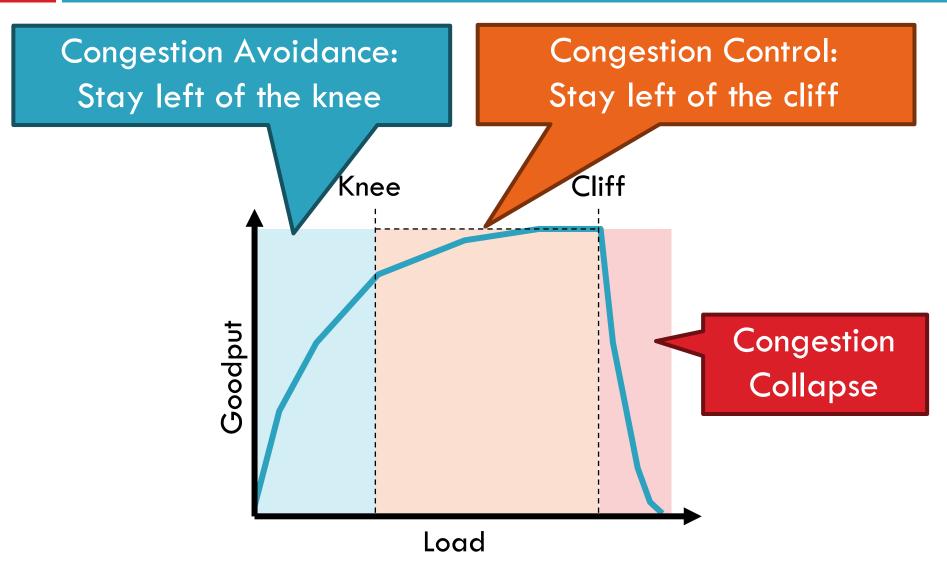
- Knee point after which
 - Throughput increases very slow
 - Delay increases fast
- \Box In an M/M/1 queue
 - **Delay** = 1/(1 utilization)
- □ Cliff point after which
 □ Throughput → 0

□ Delay → ∞



Cong. Control vs. Cong. Avoidance

30



Advertised Window, Revisited

31

- Does TCP's advertised window solve congestion?
 NO
- The advertised window only protects the receiver
- □ A sufficiently fast receiver can max the window
 - What if the network is slower than the receiver?
 - What if there are other concurrent flows?
- □ Key points
 - Window size determines send rate
 - Window must be adjusted to prevent congestion collapse

Goals of Congestion Control

- 32
 - 1. Adjusting to the bottleneck bandwidth
 - 2. Adjusting to variations in bandwidth
 - 3. Sharing bandwidth between flows
- 4. Maximizing throughput

General Approaches

33

- □ Do nothing, send packets indiscriminately
 - Many packets will drop, totally unpredictable performance
 May lead to congestion collapse
- Reservations
 - Pre-arrange bandwidth allocations for flows
 - Requires negotiation before sending packets

Must be supported by the network

- Dynamic adjustment
 - Use probes to estimate level of congestion
 - Speed up when congestion is low
 - Slow down when congestion increases
 - Messy dynamics, requires distributed coordination

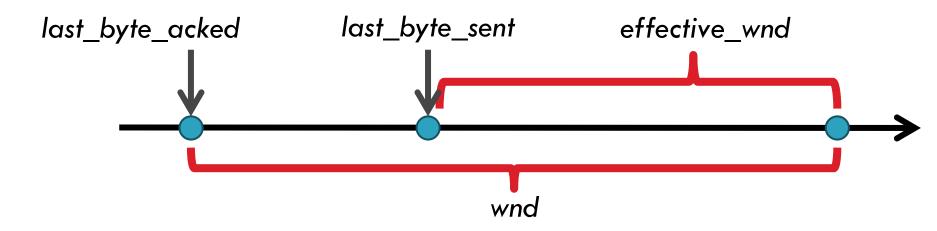
TCP Congestion Control

- 34
 - Each TCP connection has a window
 - Controls the number of unACKed packets
 - □ Sending rate is ~ window/RTT
 - □ Idea: vary the window size to control the send rate
 - □ Introduce a congestion window at the sender
 - Congestion control is sender-side problem

Congestion Window (cwnd)

35

- Limits how much data is in transit
- Denominated in bytes
- wnd = min(cwnd, adv_wnd);
- 2. effective_wnd = wnd -



Two Basic Components

36

1. Detect congestion

- Packet dropping is most reliably signal
 - Delay-based methods are hard and risky
- How do you detect packet drops? ACKs
 - Timeout after not receiving an ACK
 - Several duplicate ACKs in a row (ignore for now)
- 2. Rate adjustment algorithm
 - Modify cwnd
 - Probe for bandwidth
 - Responding to congestion

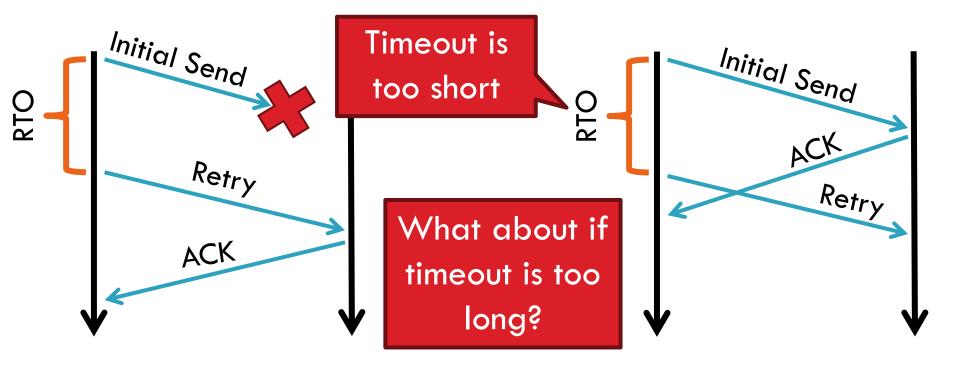
Error Detection

- 37
- Checksum detects (some) packet corruption
 - Computed over IP header, TCP header, and data
- Sequence numbers catch sequence problems
 - Duplicates are ignored
 - Out-of-order packets are reordered or dropped
 - Missing sequence numbers indicate lost packets
- Lost segments detected by sender
 - Use timeout to detect missing ACKs
 - Need to estimate RTT to calibrate the timeout
 - Sender must keep copies of all data until ACK

Retransmission Time Outs (RTO)

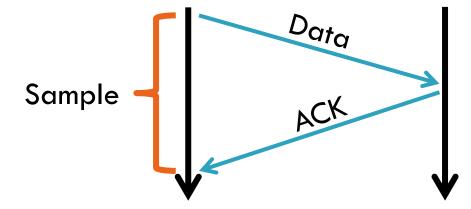
38

Problem: time-out is linked to round trip time



Round Trip Time Estimation

39

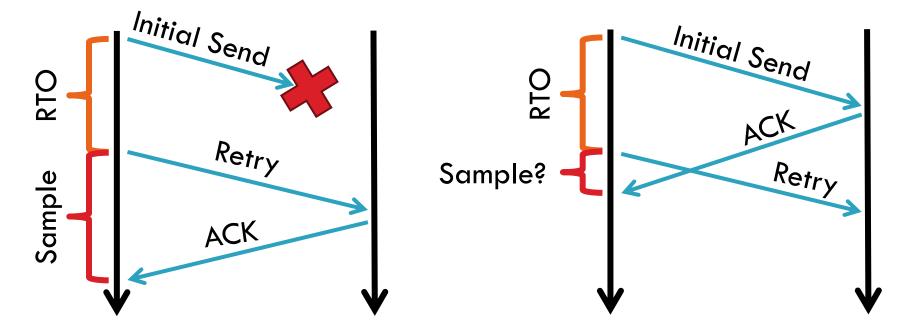


Original TCP round-trip estimator

- RTT estimated as a moving average
- **new_rtt** = α (old_rtt) + (1 α)(new_sample)
- Recommended α: 0.8-0.9 (0.875 for most TCPs)
- RTO = function of new_rtt and new_dev_rtt

RTT Sample Ambiguity





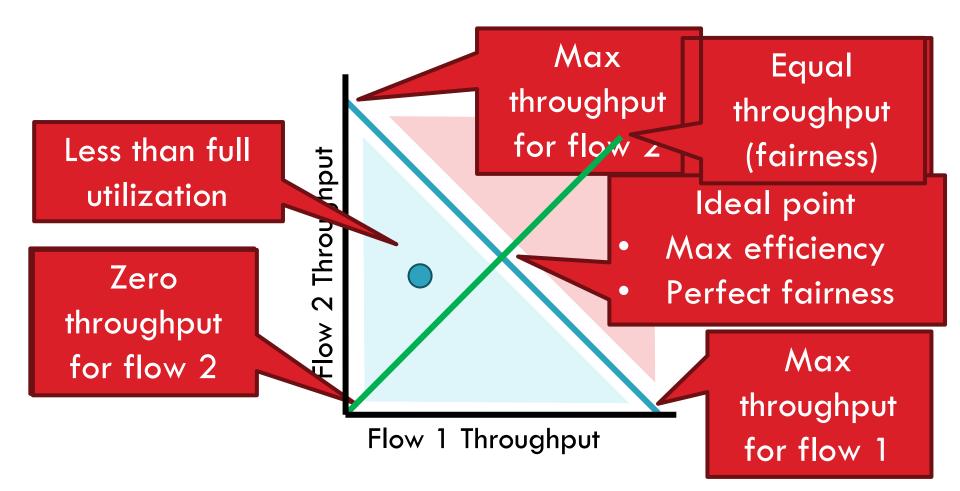
Karn's algorithm: ignore samples for retransmitted segments

Rate Adjustment

- □ Recall: TCP is ACK clocked
 - Congestion = delay = long wait between ACKs
 - No congestion = low delay = ACKs arrive quickly
- Basic algorithm
 - Upon receipt of ACK: increase cwnd
 - Data was delivered, perhaps we can send faster
 - cwnd growth is proportional to RTT
 - On loss: decrease cwnd
 - Data is being lost, there must be congestion
- Question: increase/decrease functions to use?

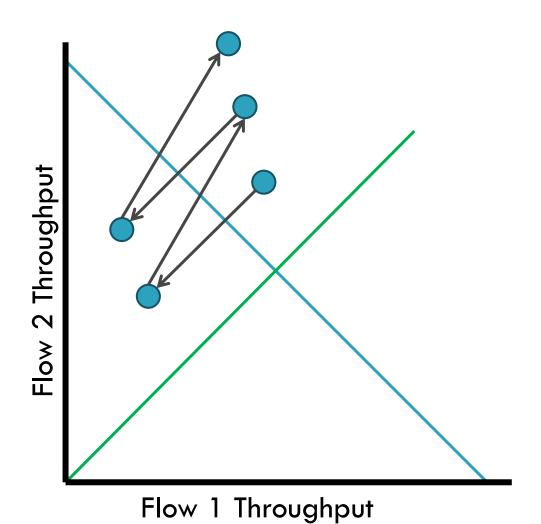
Utilization and Fairness



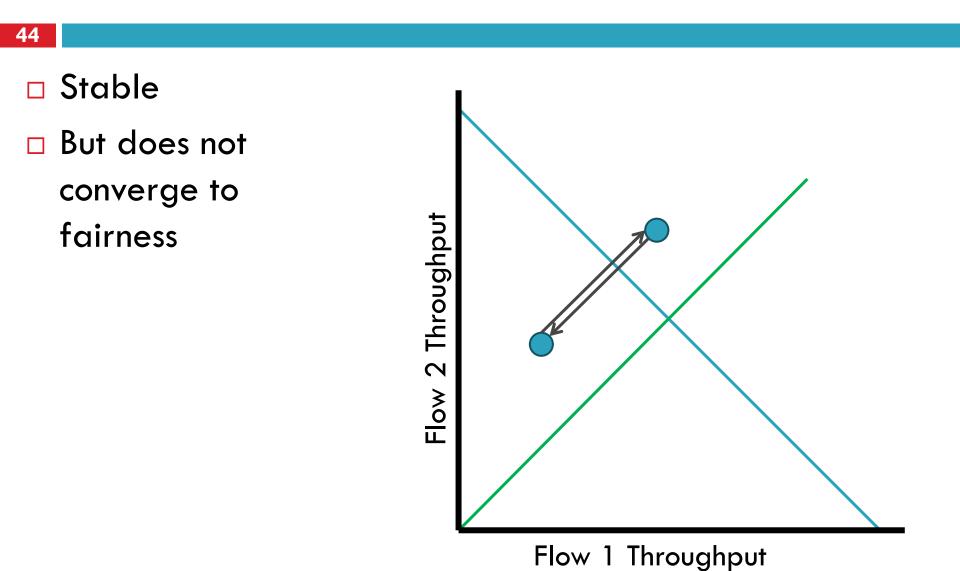


Multiplicative Increase, Additive Decrease

- Not stable!
- Veers away from fairness



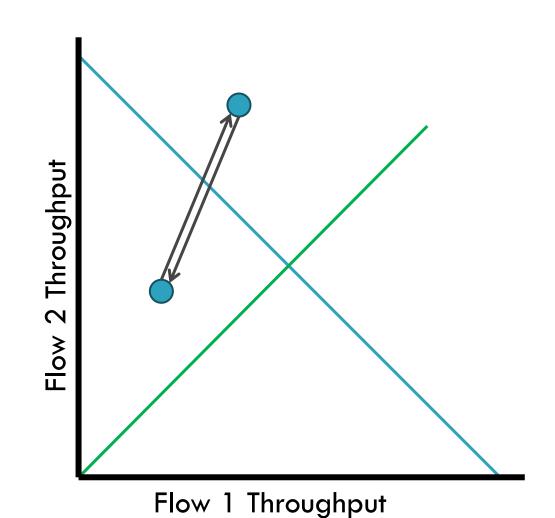
Additive Increase, Additive Decrease



Multiplicative Increase, Multiplicative Decrease

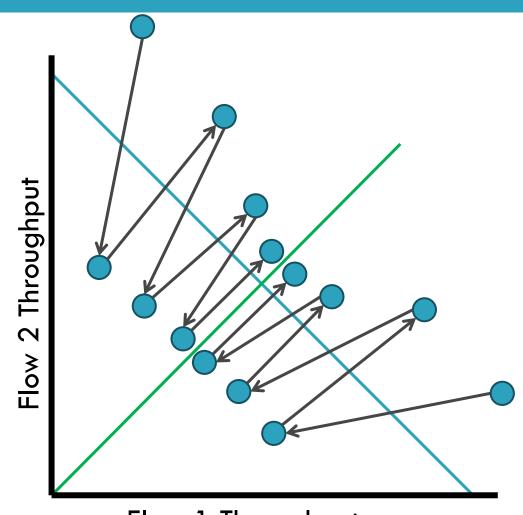


- Stable
- But does not
 converge to
 fairness



Additive Increase, Multiplicative Decrease

- 46
 - Converges to
 stable and fair
 cycle
 - Symmetric around y=x



Flow 1 Throughput

Implementing Congestion Control

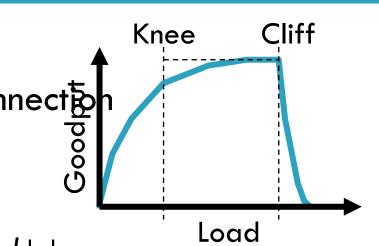
- Maintains three variables:
 - **c**wnd: congestion window
 - adv_wnd: receiver advertised window
 - ssthresh: threshold size (used to update cwnd)
- \Box For sending, use: wnd = min(cwnd, adv_wnd)
- Two phases of congestion control
 - 1. Slow start (cwnd < ssthresh)
 - Probe for bottleneck bandwidth
 - 2. Congestion avoidance ($cwnd \ge ssthresh$)
 - AIMD

Slow Start

- Goal: reach knee quickly
- Upon starting (or restarting) a connect
 - cwnd =1
 - ssthresh = adv_wnd

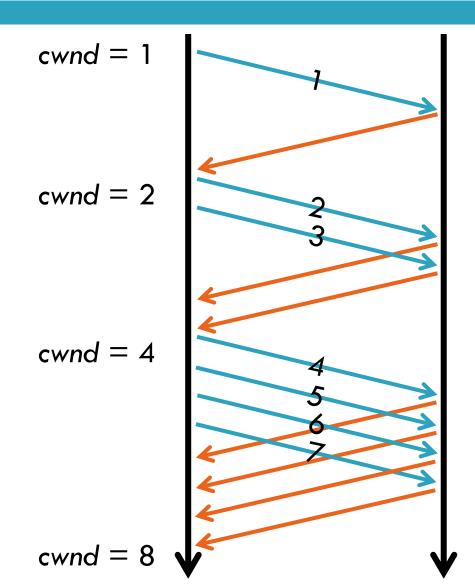
Each time a segment is ACKed, cwnd++

- □ Continues until...
 - ssthresh is reached
 - Or a packet is lost
- Slow Start is not actually slow
 - cwnd increases exponentially



Slow Start Example

- cwnd grows rapidly
- □ Slows down when...
 - cwnd >= ssthresh
 - Or a packet drops



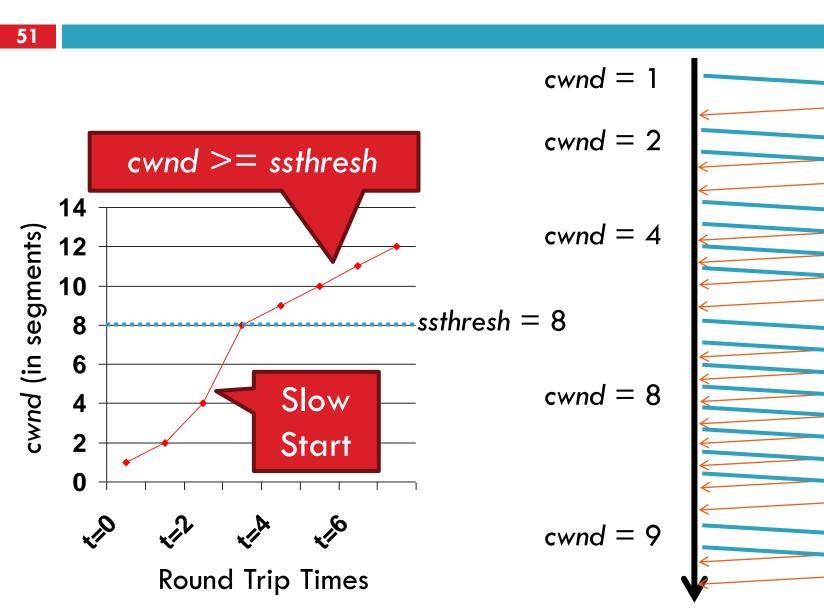
Congestion Avoidance

- 50
 - □ AIMD mode
- ssthresh is lower-bound guess about location of the knee
- If cwnd >= ssthresh then

each time a segment is ACKed increment cwnd by 1/cwnd (cwnd += 1/cwnd).

So cwnd is increased by one only if all segments have been acknowledged

Congestion Avoidance Example

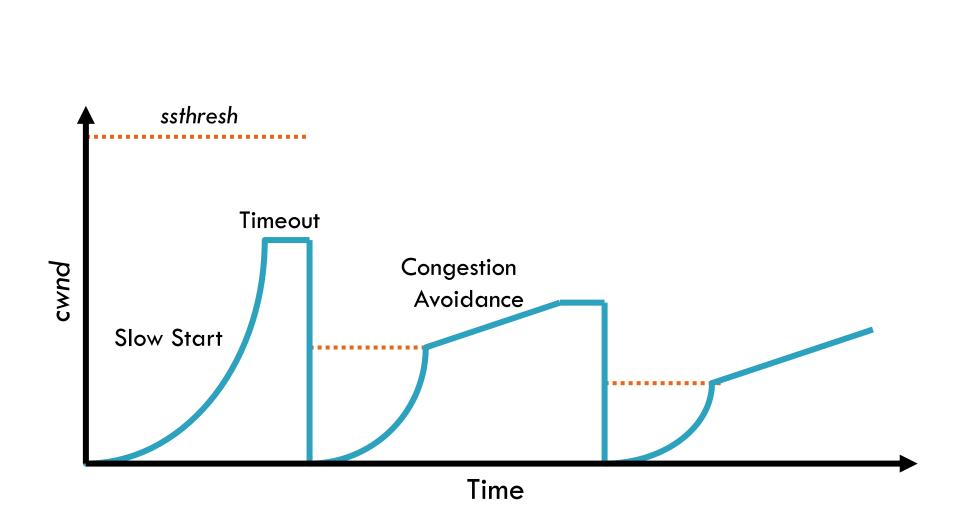


TCP Pseudocode



```
Initially:
      cwnd = 1;
      ssthresh = adv wnd;
New ack received:
      if (cwnd < ssthresh)
          /* Slow Start*/
          cwnd = cwnd + 1;
      else
          /* Congestion Avoidance */
          cwnd = cwnd + 1/cwnd;
Timeout:
      /* Multiplicative decrease */
      ssthresh = cwnd/2;
      cwnd = 1;
```

The Big Picture





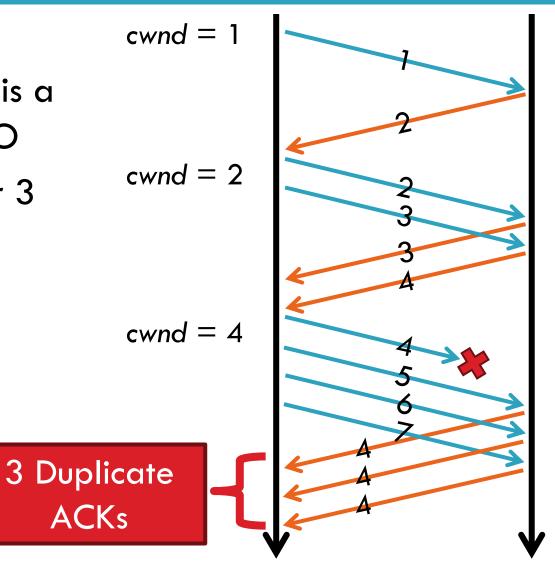
- UDP
- TCP
- Congestion Control
- Evolution of TCP
- Problems with TCP

The Evolution of TCP

- □ Thus far, we have discussed TCP Tahoe
 - Original version of TCP
- However, TCP was invented in 1974!
 - Today, there are many variants of TCP
- Early, popular variant: TCP Reno
 - Tahoe features, plus...
 - Fast retransmit
 - Fast recovery

TCP Reno: Fast Retransmit

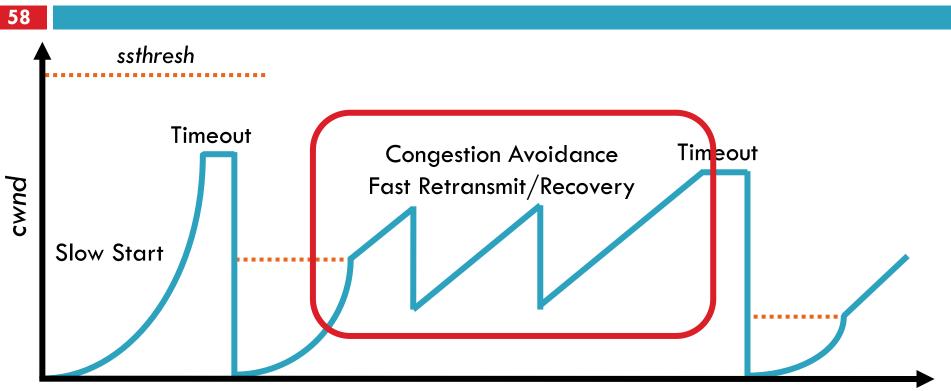
- Problem: in Tahoe, if segment is lost, there is a long wait until the RTO
- Reno: retransmit after 3 duplicate ACKs



TCP Reno: Fast Recovery

- 57
- □ After a fast-retransmit set cwnd to ssthresh/2
 - i.e. don't reset cwnd to 1
 - Avoid unnecessary return to slow start
 - Prevents expensive timeouts
- \square But when RTO expires still do cwnd = 1
 - Return to slow start, same as Tahoe
 - Indicates packets aren't being delivered at all
 - i.e. congestion must be really bad

Fast Retransmit and Fast Recovery



Time

At steady state, cwnd oscillates around the optimal window size

TCP always forces packet drops

Many TCP Variants...

- □ Tahoe: the original
 - Slow start with AIMD
 - Dynamic RTO based on RTT estimate
- Reno: fast retransmit and fast recovery
- NewReno: improved fast retransmit
 - Reduce number of retransmissions
 - Window inflation
- Vegas: delay-based congestion avoidance
- □ And many, many, many more...

TCP in the Real World

60

What are the most popular variants today?

Key problem: TCP performs poorly on high bandwidth-delay product networks (like the modern Internet)

Compound TCP (Windows)

- Based on Reno
- Uses two congestion windows: delay based and loss based
- Thus, it uses a compound congestion controller
- TCP CUBIC (Linux)
 - Enhancement of BIC (Binary Increase Congestion Control)
 - Window size controlled by cubic function
 - Parameterized by the time T since the last dropped packet
- Other: BBR TCP, multi-path TCP, and QUIC (UDP-based), and various data center solutions, for example, ...

High Bandwidth-Delay Product

- Key Problem: TCP performs poorly when
 - The capacity of the network (bandwidth) is large
 - The delay (RTT) of the network is large
 - Or, when bandwidth * delay is large
 - b * d = maximum amount of in-flight data in the network
 - a.k.a. the bandwidth-delay product
- Why does TCP perform poorly?
 - Slow start and additive increase are slow to converge
 - TCP is ACK clocked
 - i.e. TCP can only react as quickly as ACKs are received
 - Large RTT \rightarrow ACKs are delayed \rightarrow TCP is slow to react

Goals

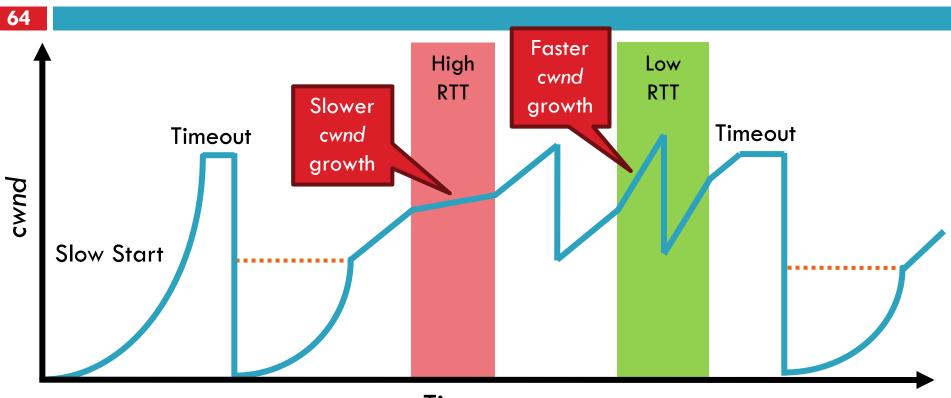
Fast window growth

- Slow start and additive increase are too slow when bandwidth is large
- Want to converge more quickly
- Maintain fairness with other TCP variants
 - Window growth cannot be too aggressive
- Improve RTT fairness
 - TCP Tahoe/Reno flows are not fair when RTTs vary widely
- Simple implementation

Compound TCP Implementation

- Default TCP implementation in Windows
- □ Key idea: split *cwnd* into two separate windows
 - Traditional, loss-based window
 - New, delay-based window
- \square wnd = min(cwnd + dwnd, adv_wnd)
 - cwnd is controlled by AIMD
 - dwnd is the delay window
- □ Rules for adjusting *dwnd*:
 - If RTT is increasing, decrease dwnd (dwnd >= 0)
 - If RTT is decreasing, increase dwnd
 - Increase/decrease are proportional to the rate of change

Compound TCP Example



Time

- Aggressiveness corresponds to changes in RTT
- Advantages: fast ramp up, more fair to flows with different RTTs
- Disadvantage: must estimate RTT, which is very challenging

TCP CUBIC Implementation

65

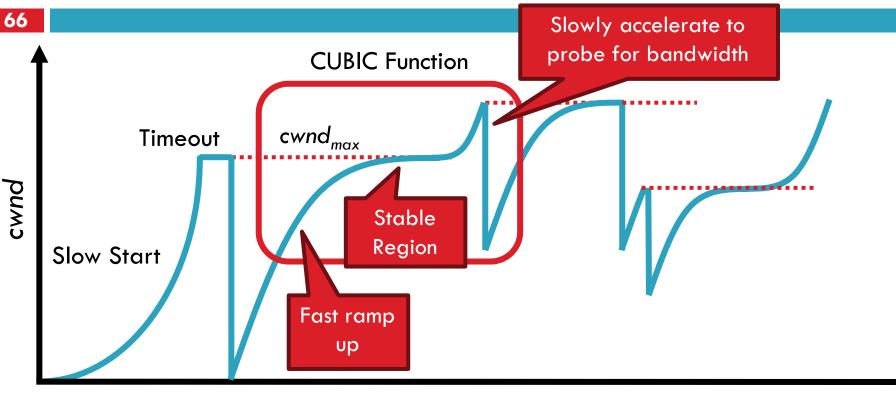
Default TCP implementation in Linux
 Replace AIMD with cubic function

 $W_{cubic} = C(T - K)^3 + W_{max}$

C is a scaling constant, and K = $\sqrt[3]{\frac{W_{max}\beta}{C}}$

B → a constant fraction for multiplicative increase
 T → time since last packet drop
 W_max → cwnd when last packet dropped

TCP CUBIC Example

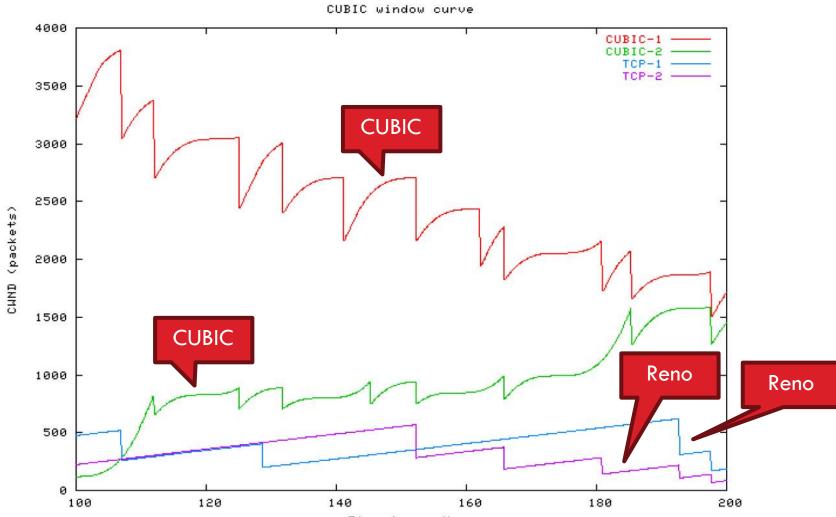


Time

- Less wasted bandwidth due to fast ramp up
- □ Stable region and slow acceleration help maintain fairness
 - Fast ramp up is more aggressive than additive increase
 - To be fair to Tahoe/Reno, CUBIC needs to be less aggressive

Simulations of CUBIC Flows





Time (second)

BBR (Add slide(s) ...)

Deploying TCP Variants

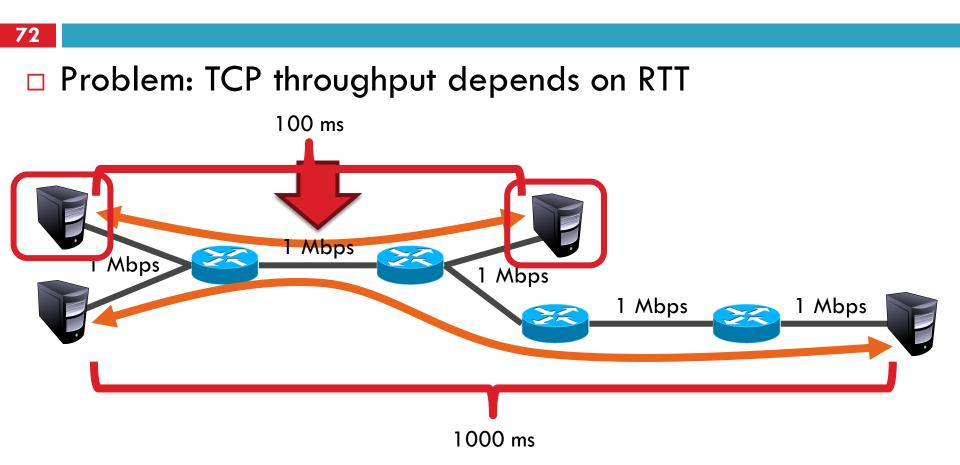
- TCP assumes all flows employ TCP-like congestion control
 TCP-friendly or TCP-compatible
 Violated by UDP :(
- If new congestion control algorithms are developed, they must be TCP-friendly
- □ Be wary of unforeseen interactions
 - Variants work well with others like themselves
 - Different variants competing for resources may trigger unfair, pathological behavior



Issues with TCP

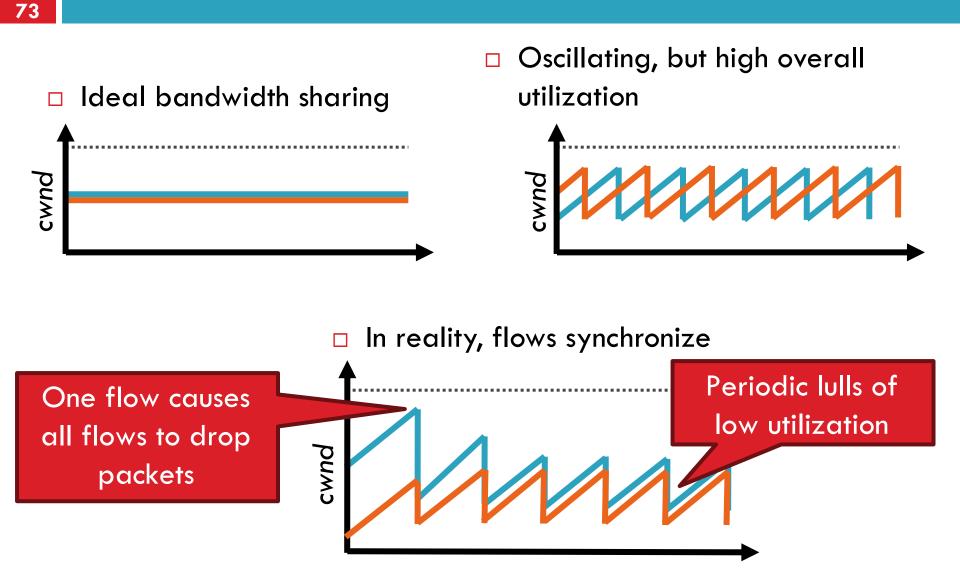
- □ The vast majority of Internet traffic is TCP
- However, many issues with the protocol
 - Lack of fairness
 - Synchronization of flows
 - Poor performance with small flows
 - Really poor performance on wireless networks
 - Susceptibility to denial of service





- □ ACK clocking makes TCP inherently unfair
- Possible solution: maintain a separate delay window
 Implemented by Microsoft's Compound TCP

Synchronization of Flows



Small Flows

- 74
 - Problem: TCP is biased against short flows
 - 1 RTT wasted for connection setup (SYN, SYN/ACK)
 cwnd always starts at 1
- Vast majority of Internet traffic is short flows
 Mostly HTTP transfers, <100KB
 Most TCP flows never leave slow start!
- Proposed solutions (driven by Google):
 - Increase initial cwnd to 10
 - TCP Fast Open: use cryptographic hashes to identify receivers, eliminate the need for three-way handshake

Wireless Networks

- Problem: Tahoe and Reno assume loss = congestion
 - True on the WAN, bit errors are very rare
 - False on wireless, interference is very common
- \Box TCP throughput ~ 1/sqrt(drop rate)
 - Even a few interference drops can kill performance
- Possible solutions:
 - Break layering, push data link info up to TCP
 - Use delay-based congestion detection (TCP Vegas)
 - Explicit congestion notification (ECN)

Denial of Service

- Problem: TCP connections require state
 - Initial SYN allocates resources on the server
 - State must persist for several minutes (RTO)
- SYN flood: send enough SYNs to a server to allocate all memory/meltdown the kernel
- Solution: SYN cookies
 - Idea: don't store initial state on the server
 - Securely insert state into the SYN/ACK packet
 - Client will reflect the state back to the server

SYN Cookies





Did the client really send me a SYN recently?

Timestamp: freshness check

Cryptographic hash: prevents spoofed packets

Maximum segment size (MSS)

Usually stated by the client during initial SYN

Server should store this value...

Reflect the clients value back through them

SYN Cookies in Practice

78

Advantages

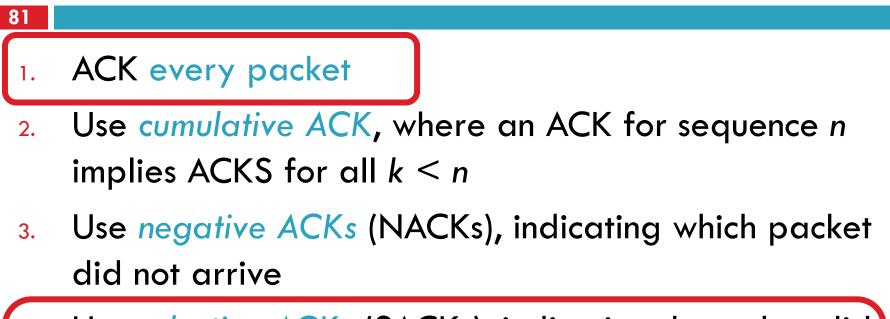
- Effective at mitigating SYN floods
- Compatible with all TCP versions
- Only need to modify the server
- No need for client support

Disadvantages

- MSS limited to 3 bits, may be smaller than clients actual MSS
- Server forgets all other TCP options included with the client's SYN
 - SACK support, window scaling, etc.

More slides ...

What Should the Receiver ACK?



- 4. Use selective ACKs (SACKs), indicating those that did arrive, even if not in order
 - SACK is an actual TCP extension

Sequence Numbers, Revisited

- □ 32 bits, unsigned
 - Why so big?
- □ For the sliding window you need...
 - |Sequence # Space| > 2 * |Sending Window Size|
 2³² > 2 * 2¹⁶
- Guard against stray packets
 - IP packets have a maximum segment lifetime (MSL) of 120 seconds
 - i.e. a packet can linger in the network for 2 minutes
 - Sequence number would wrap around at 286Mbps
 - What about GigE? PAWS algorithm + TCP options

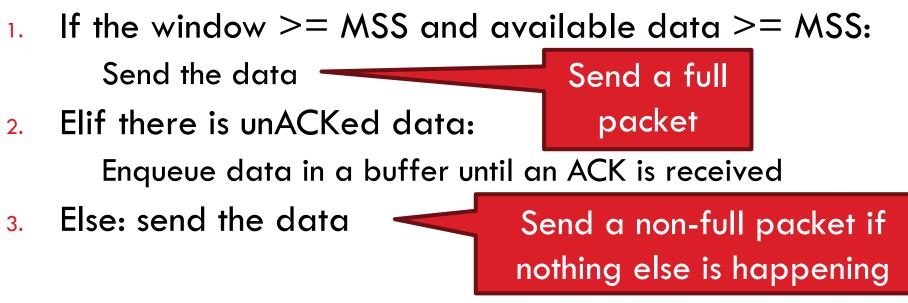
Silly Window Syndrome

- Problem: what if the window size is very small?
 - Multiple, small packets, headers dominate data



- Equivalent problem: sender transmits packets one byte at a time
 - 1. for (int x = 0; x < strlen(data); ++x)
 - 2. write(socket, data + x, 1);

Nagle's Algorithm



- Problem: Nagle's Algorithm delays transmissions
 - What if you need to send a packet immediately?
 - 1. int flag = 1;
 - setsockopt(sock, IPPROTO_TCP, TCP_NODELAY, (char *) &flag, sizeof(int));

Challenge of RTO in data centers

85

Wait

RTO,

Wait

RTO

Wait

RTO,

TCP Incast problem – E.g. Hadoop, Map Reduce, HDFS, GFS

Many senders sending simultaneously to receiver

Challenges:

Need to break synchronization

RTO estimation designed for wide area

Data centers have much smaller RTT

Buffer at switch fills and packets are lost! No ACKs will come back $\textcircled{\ensuremath{\varpi}}$

TCP Perspectives

- Cerf/Kahn
 - Provide flow control
 - Congestion handled by retransmission
- □ Jacobson / Karels
 - Need to avoid congestion
 - RTT estimates critical
 - Queuing theory can help
- Winstein/Balakrishnan
 - TCP is maximizing an objective function
 - Fairness/efficiency
 - Throughput/delay

Let a learning program pick the best fit for your environment

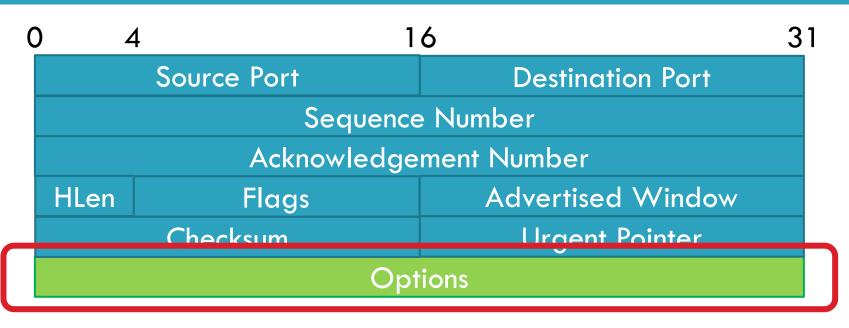


- UDP
- □ TCP
- Congestion Control
- Evolution of TCP
- Common TCP options
- Problems with TCP

Common TCP Options







- Window scaling
- SACK: selective acknowledgement
- Maximum segment size (MSS)
- Timestamp

Window Scaling

- 89
- Problem: the advertised window is only 16-bits
 - Effectively caps the window at 65536B, 64KB
 - Example: 1.5Mbps link, 513ms RTT

(1.5Mbps * 0.513s) = 94KB

64KB / 94KB = 68% of maximum possible speed

- □ Solution: introduce a window scaling value
 - wnd = adv_wnd << wnd_scale;</p>
 - Maximum shift is 14 bits, 1GB maximum window

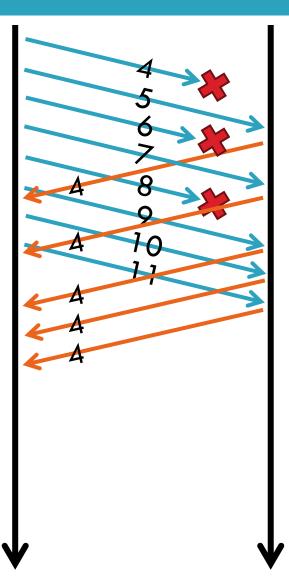
SACK: Selective Acknowledgment

90

 Problem: duplicate ACKs only tell us about 1 missing packet
 Multiple rounds of dup ACKs needed to fill all holes

□ Solution: selective ACK

- Include received, out-of-order sequence numbers in TCP header
- Explicitly tells the sender about holes in the sequence



Other Common Options

- Maximum segment size (MSS)
 - Essentially, what is the hosts MTU
 - Saves on path discovery overhead
- Timestamp
 - When was the packet sent (approximately)?
 - Used to prevent sequence number wraparound
 - PAWS algorithm

QUIC (Add slide(s) ...)