

# Processes and Life-Cycles

Kristian Sandahl

## Agenda:

Definition of process

Life-cycle models

- V and Waterfall

- Incremental and Iterative

Method frameworks

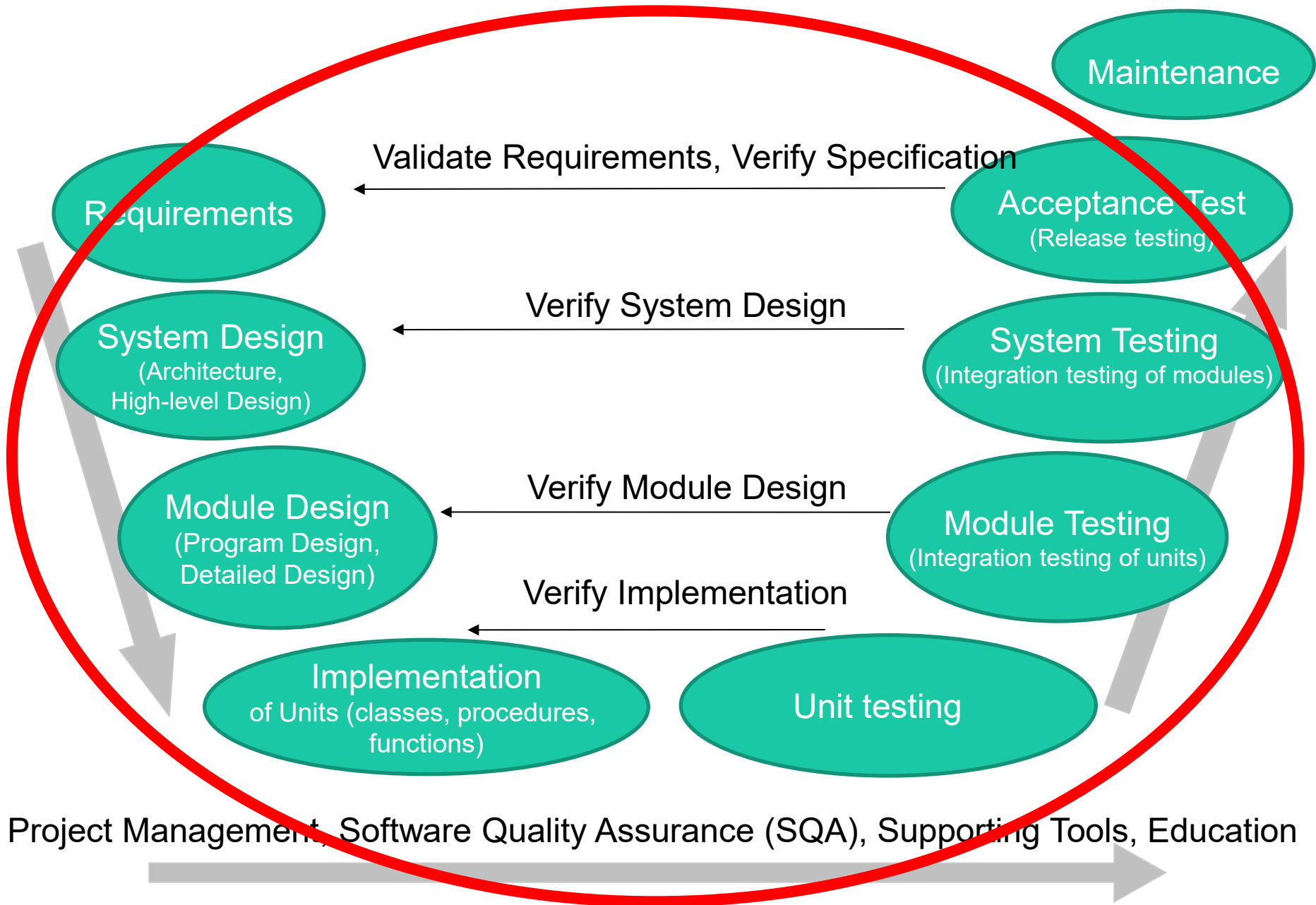
- OpenUP

- Essence Kernel

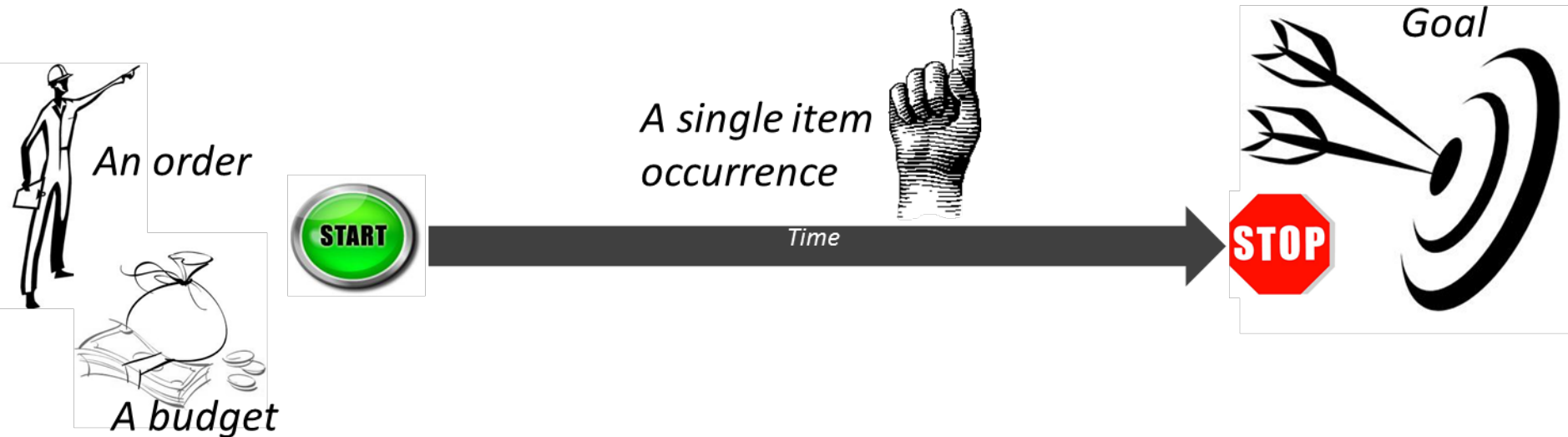
- eXtreme Programming

- SCRUM

- KANBAN



# Remember the necessary parts of a **project**?



# Processes are reoccurring

- Ordered set of activities
- May contain sub-processes
- Goal of each activity
- Each activity has entry/exit criteria and input/output
- Constraints



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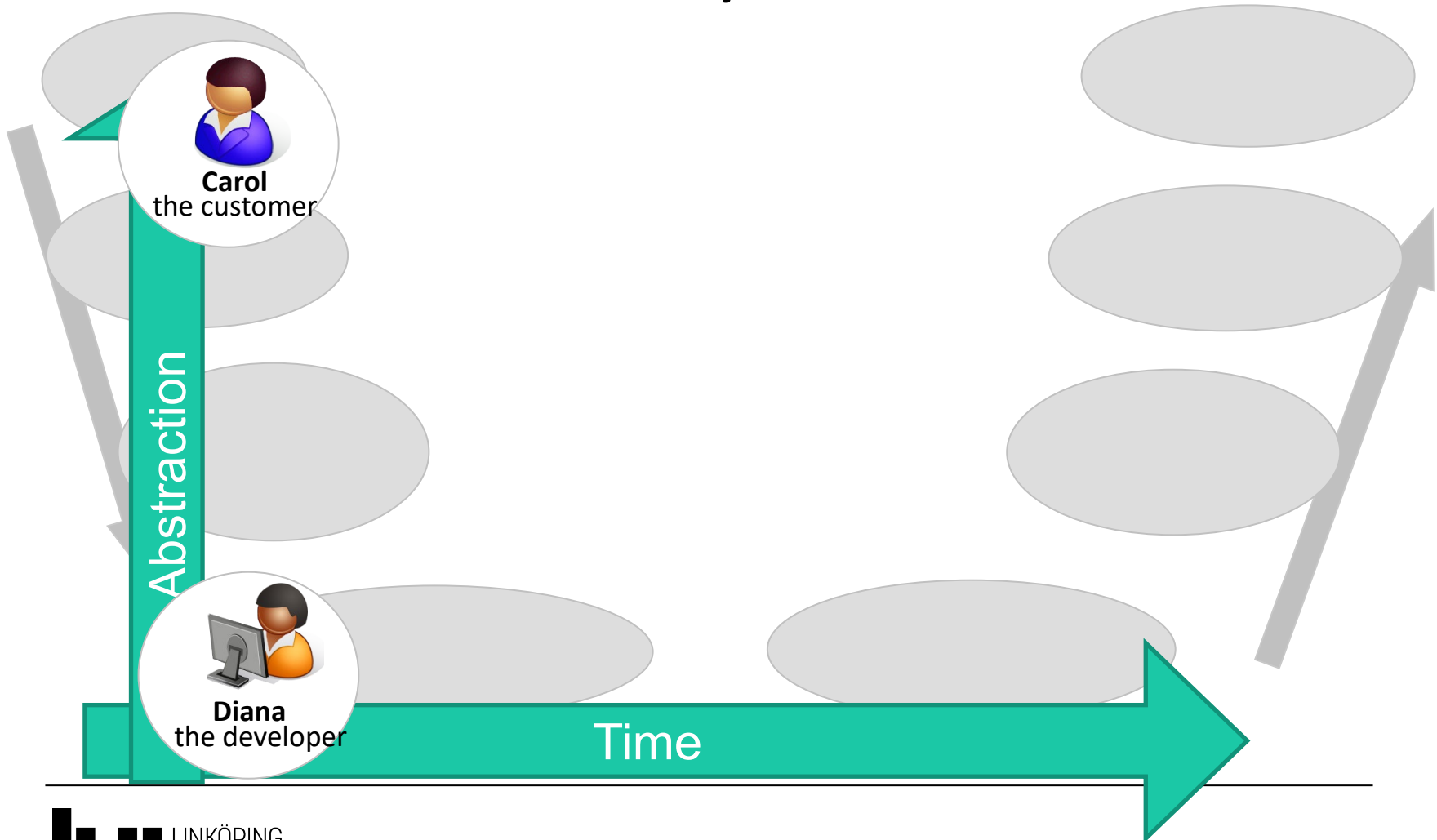
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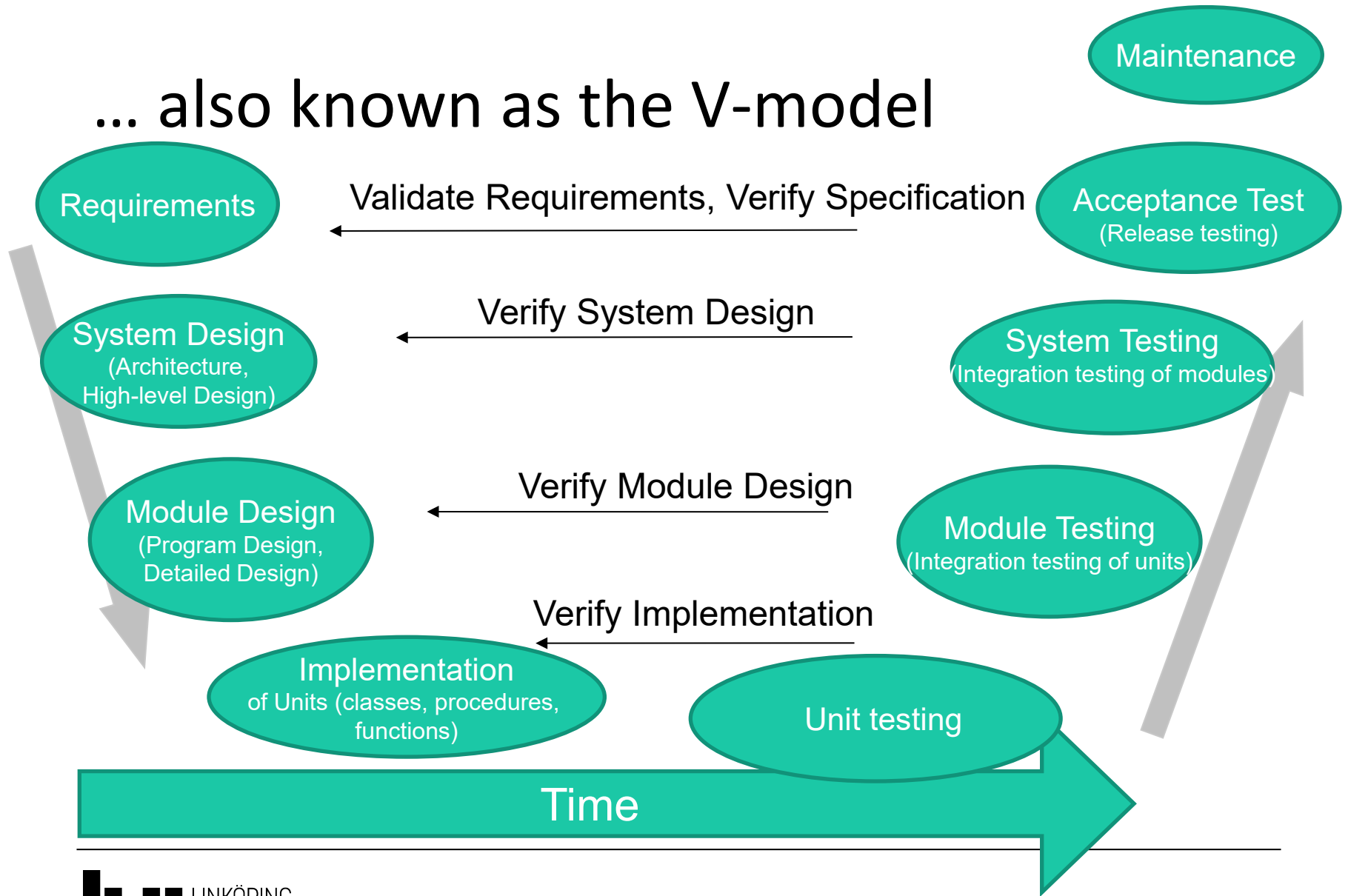
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# Remember our life-cycle model?...

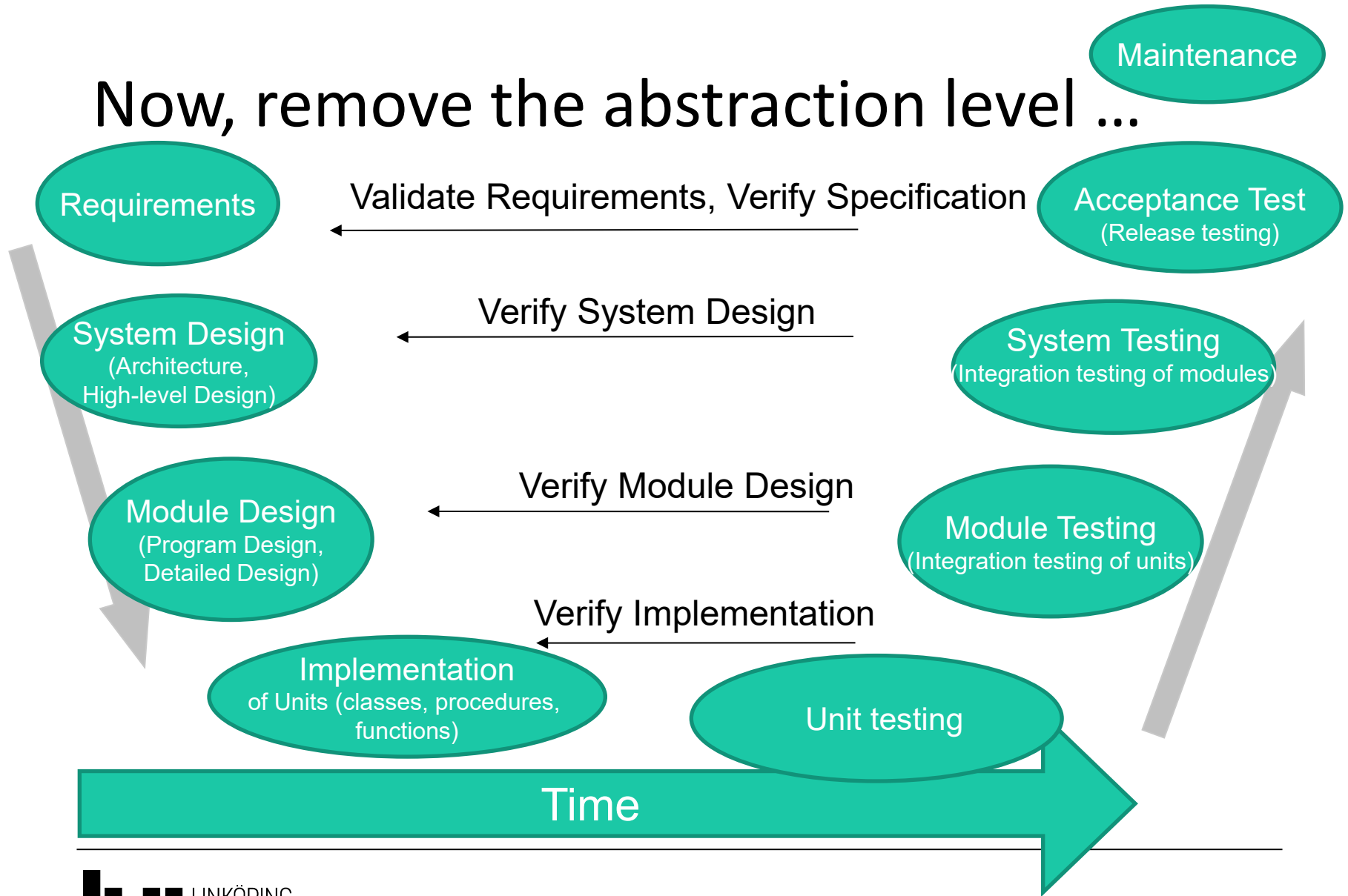


# ... also known as the V-model





# Now, remove the abstraction level ...

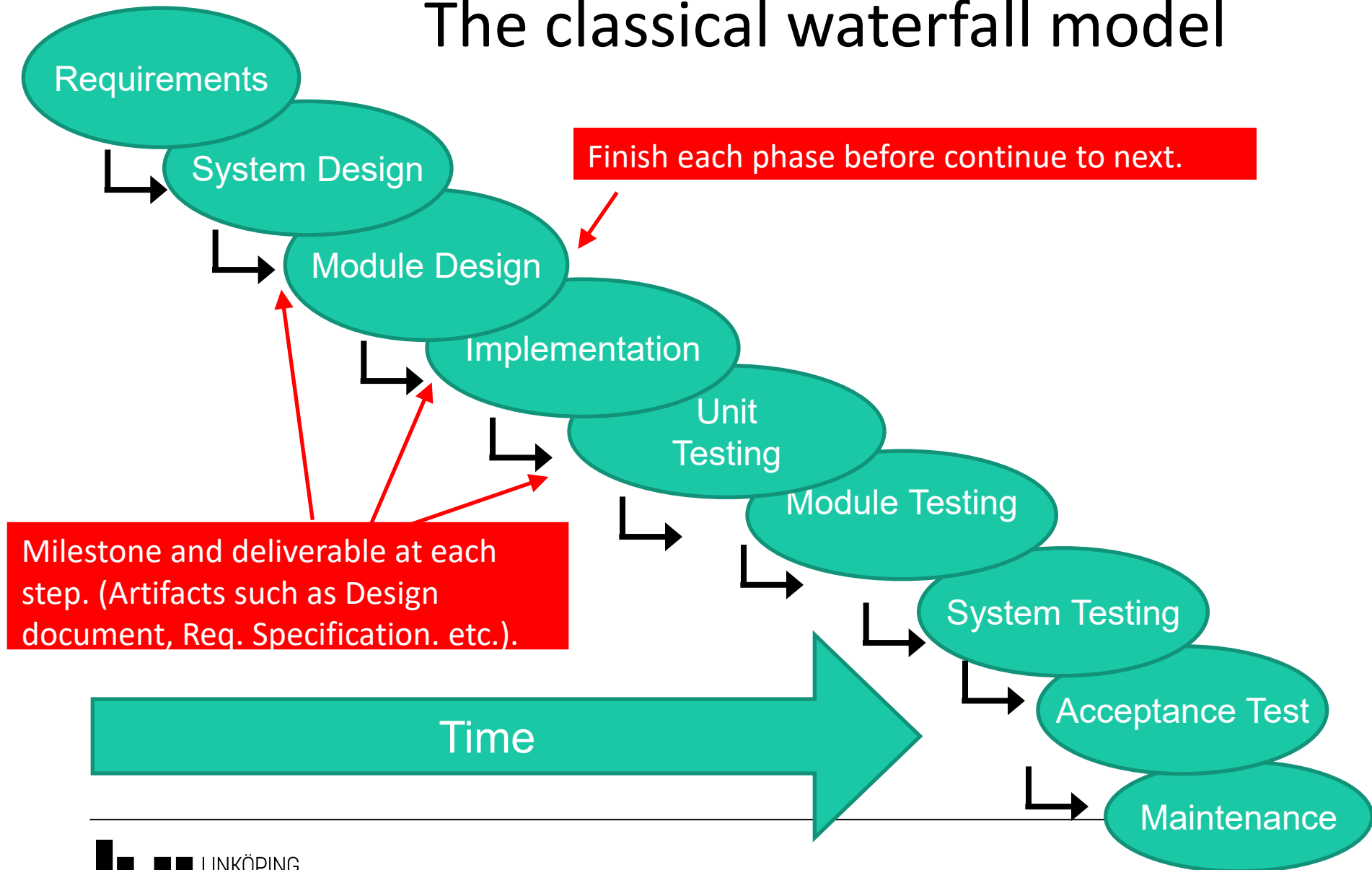


## ... and we got the waterfall model!

- One of the first life-cycle models (Royce, 1970)
- The waterfall development model originates in the manufacturing and construction industries
- Very common, very criticized



# The classical waterfall model



# What are the potential drawbacks of the classical waterfall model?



<https://www.menti.com/bpsk2rjzxt>

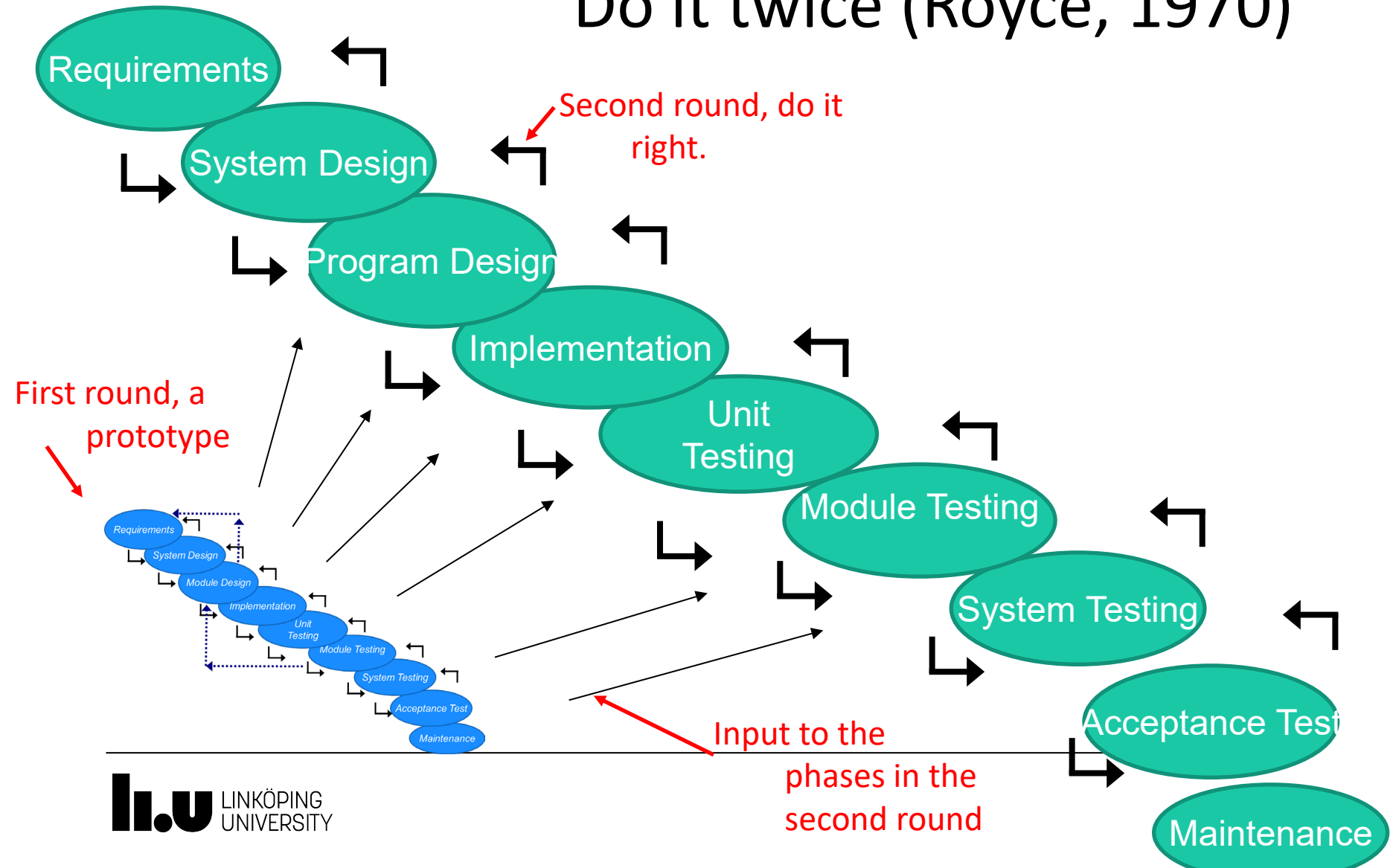
# Problems with the waterfall model

- Software requirements change, hard to sign-off on a SRS.
- Early commitment. Changes at the end, large impact.
- Feedback is needed to understand a phase. E.g. implementation is needed to understand some design.
- Difficult to estimate time and cost for the phases.
- Handling risks is not an explicit part of the model. Pushes the risks forward.
- Software "is not" developed in such a way. It evolves when problems are more understood. Little room for problem solving.

# Advantages with the waterfall model

- Simple, manageable and easy to understand
- Fits to common project management practices (milestones, deliverables etc.)
- Can be suitable for short projects (some weeks)
- Can be used at a large system level (several years)
- Can be suitable for "stable" projects, where requirements do not change
- Focus on documents, saves knowledge which can be reused by other people.
- Can be suitable for fixed-price contracts

# Do it twice (Royce, 1970)



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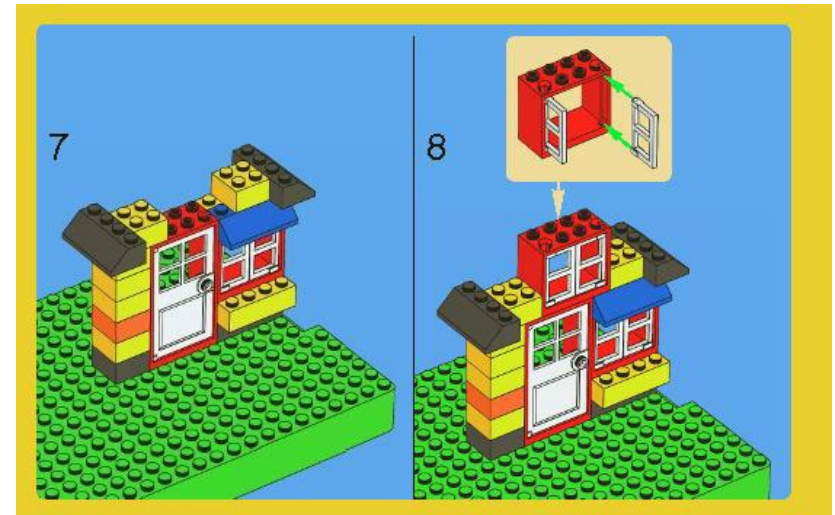
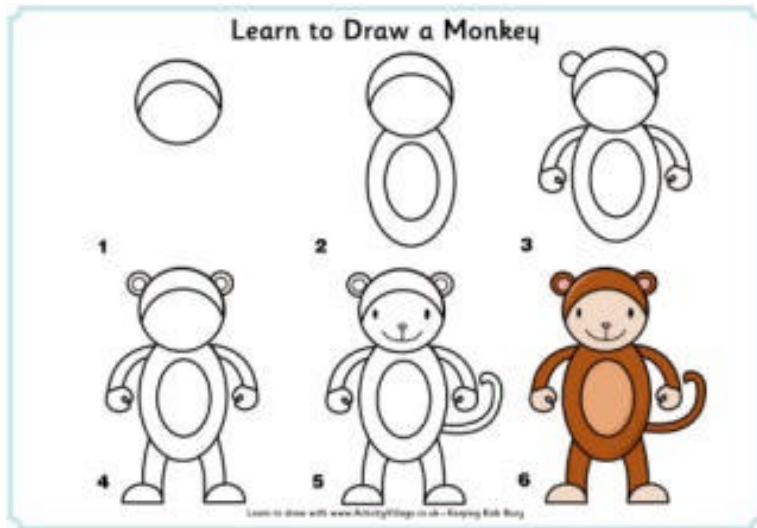
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# Iterative and Incremental methods



Sources: Activity village and Lego

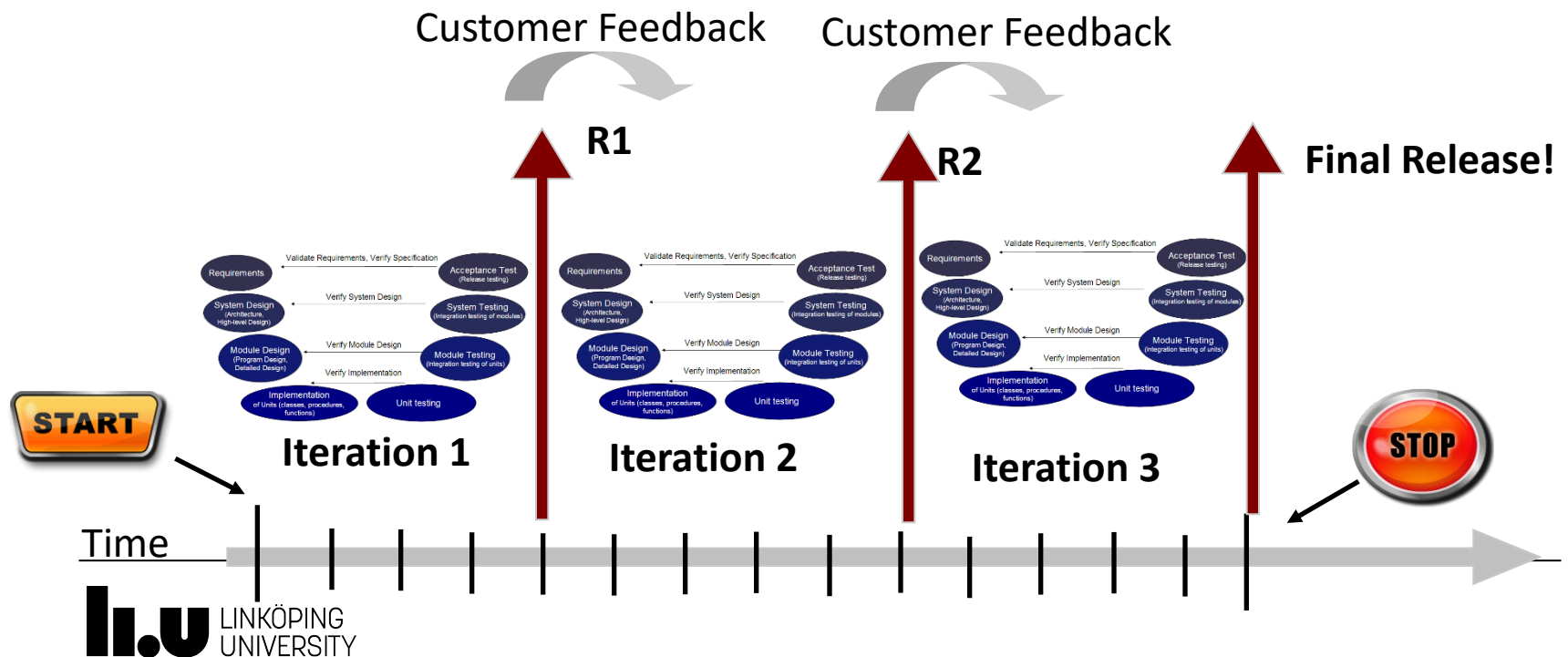
# Iterative development

## When should the releases take place?

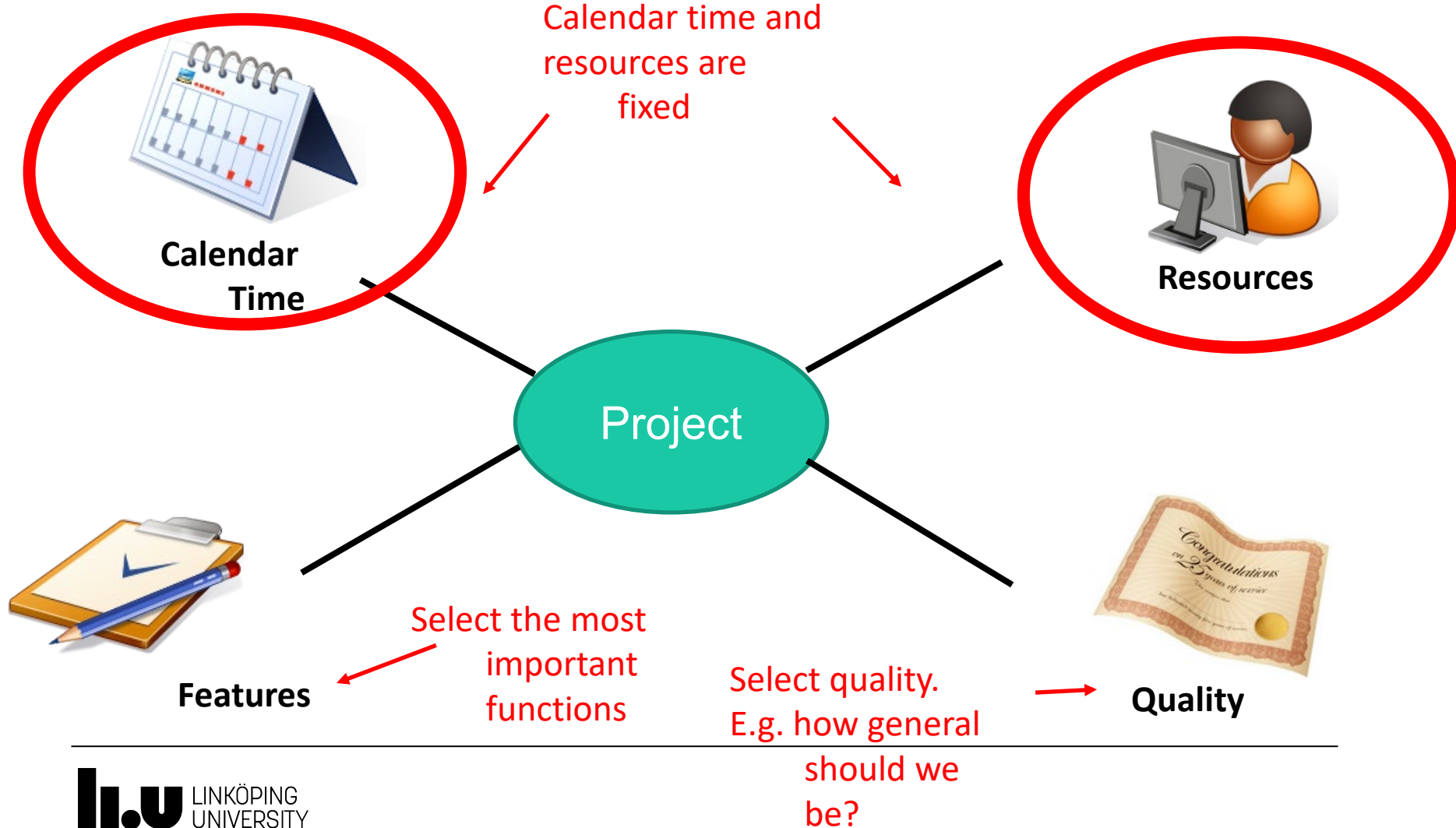
**Time-boxing** - The time period is fixed for each iteration.

## What should be included in the release?

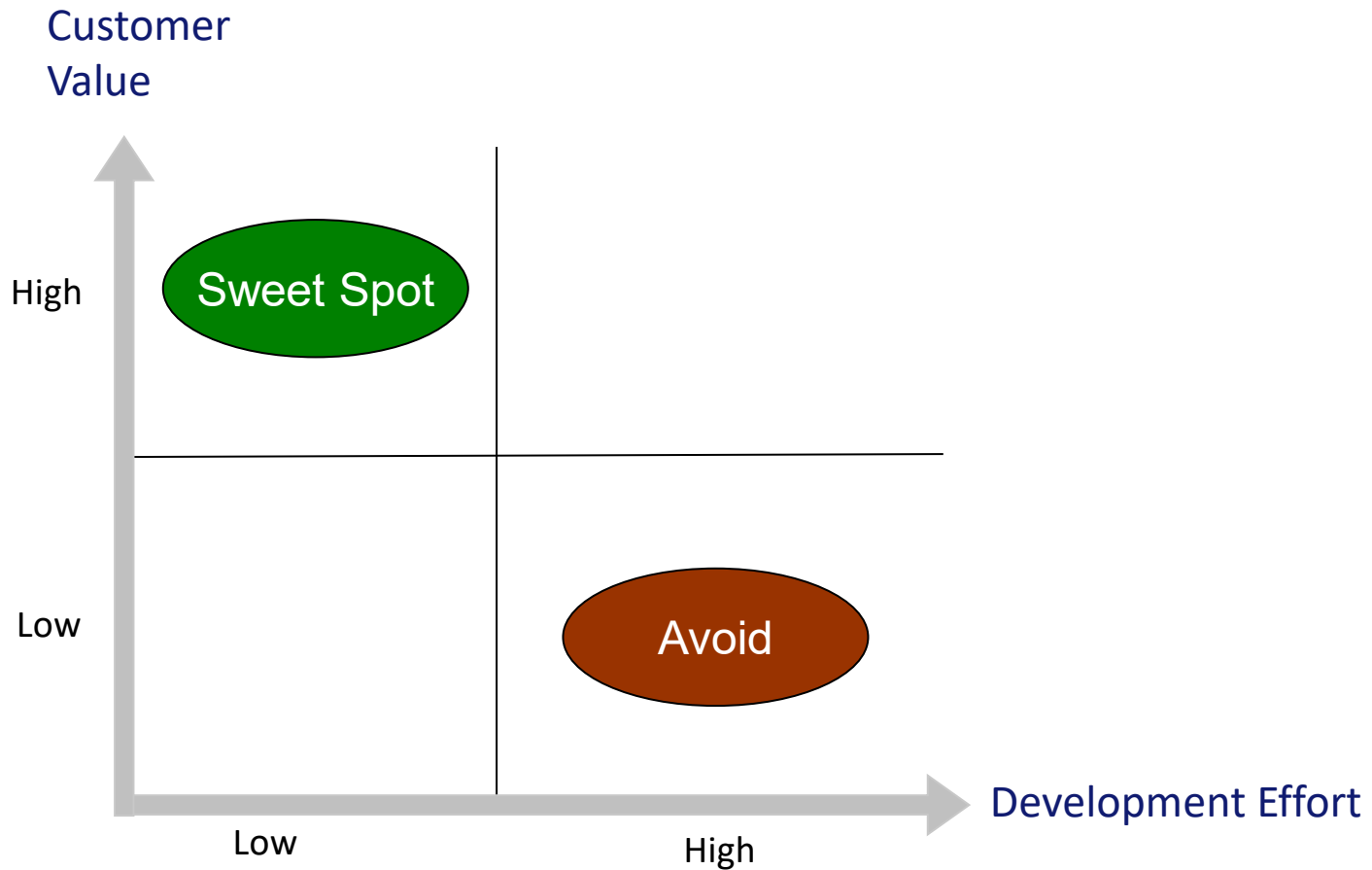
**Prioritized functionality** - Do the most important parts first.



# Dependent project parameters revisited



# Prioritization of requirements



# Problems with iterative development

- Problem with current business contracts, especially fixed-price contracts.
- With short iterations it can be hard to map customer requirements to iterations.
- Overhead added
- Requirements selection problem
- Stressful learning period if moving from the classical waterfall model

# What are the advantages of iterative development?

- Discuss in pairs

# Advantages with iterative development

- Misunderstandings and inconsistency are made clear early (e.g. between requirement, design, and implementation)
- Encourage to use feedback -> elicit the *real* requirements
- Forced to focus on the most critical issues
- Continuous testing offers project assessment
- Workload is spread out over time (especially test)
- The team can get "lesson learned" and continuously improve the process
- Stakeholders get concrete evidence of progress

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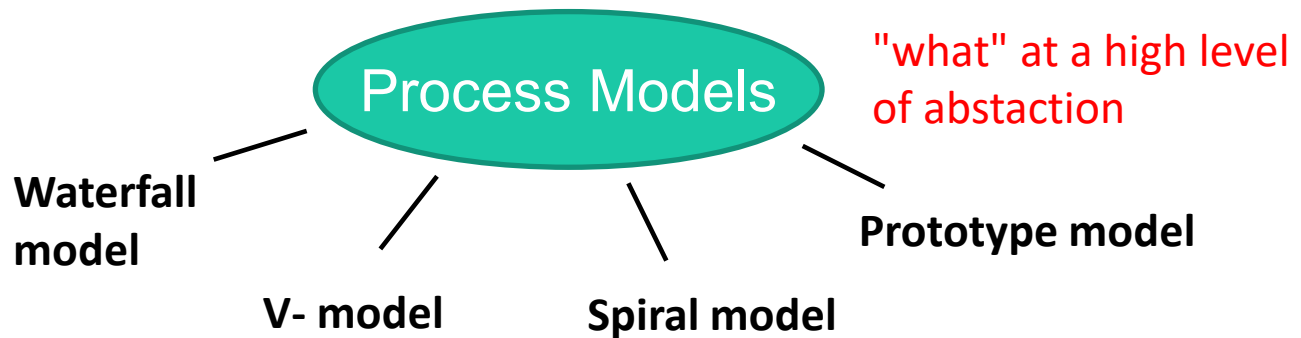
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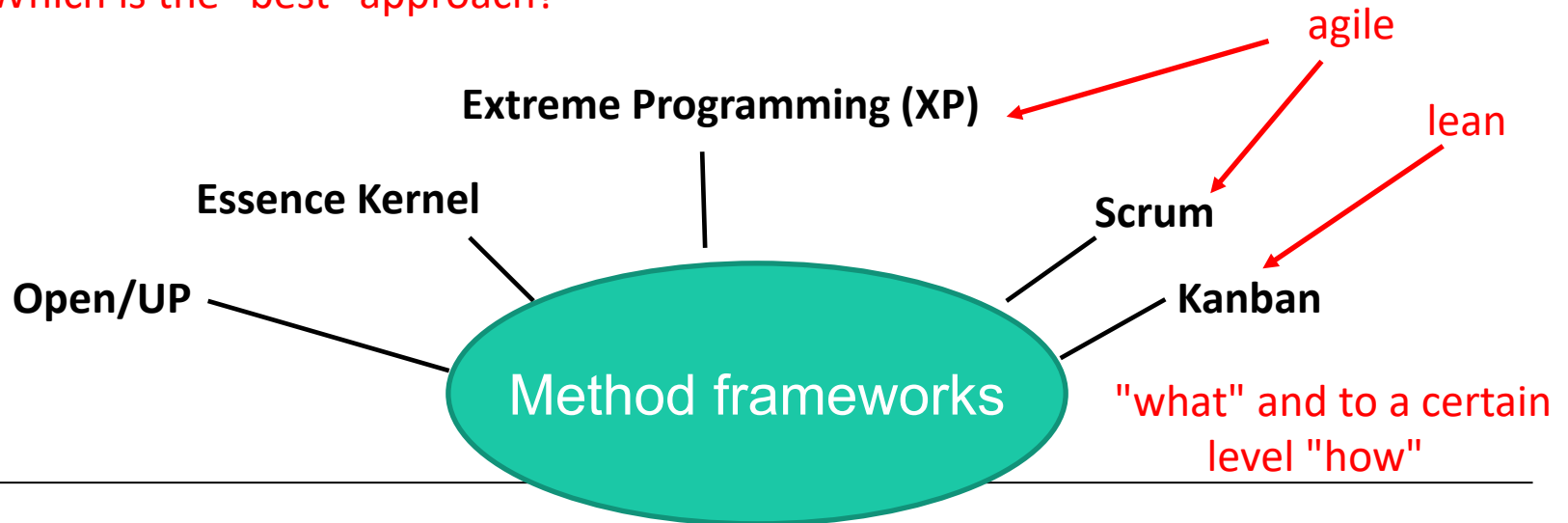
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# Processes, models, methodologies...



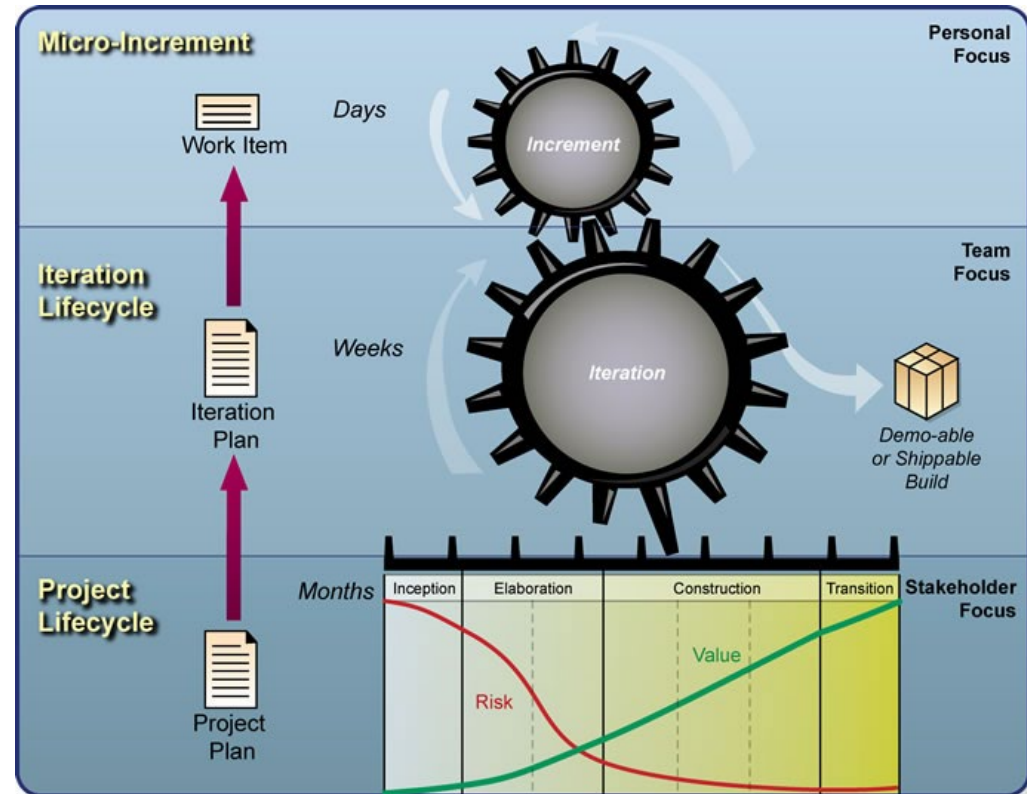
Which is the "best" approach?



# Open/UP mimics the way software is developed

- Down-scaled variant of RUP
- Mapping
  - Roles
  - Tasks
  - Workproducts

△  
The architecture notebook



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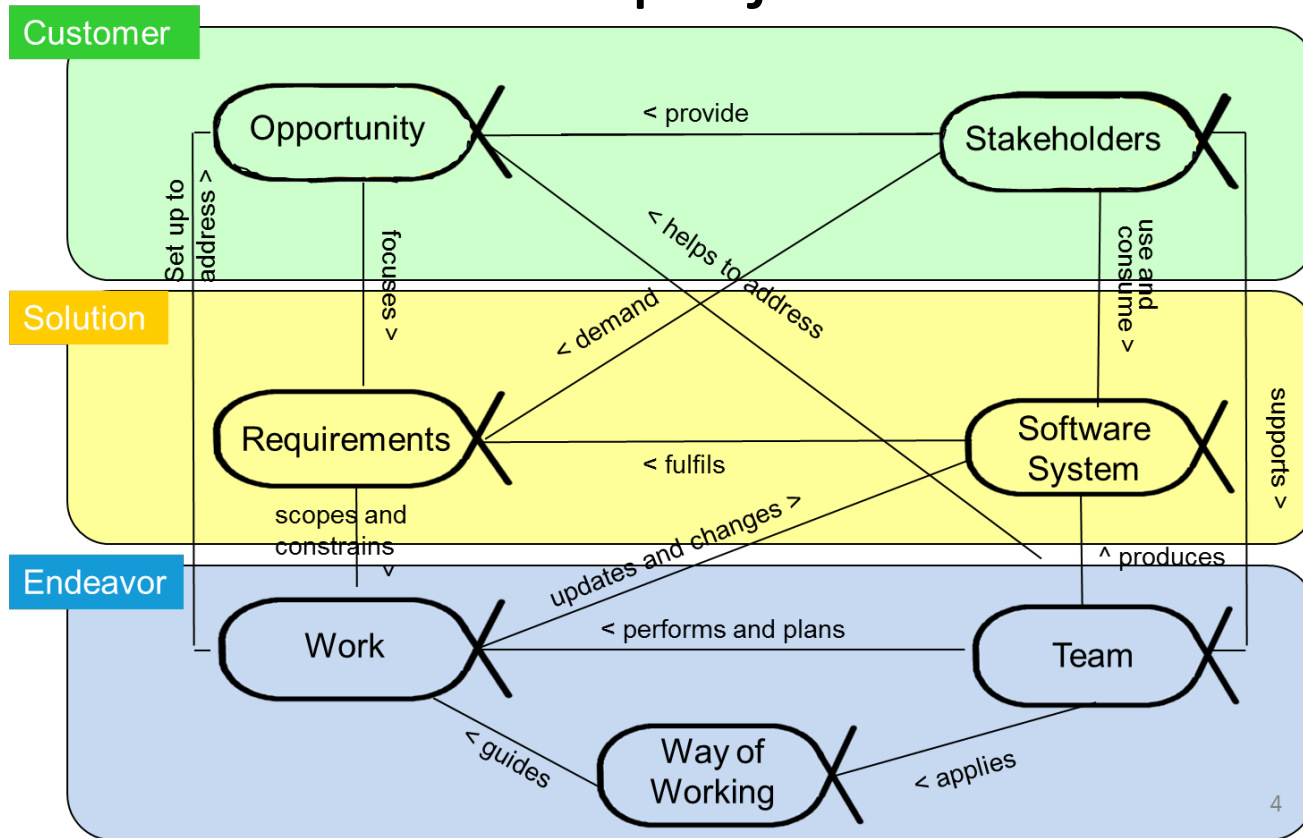
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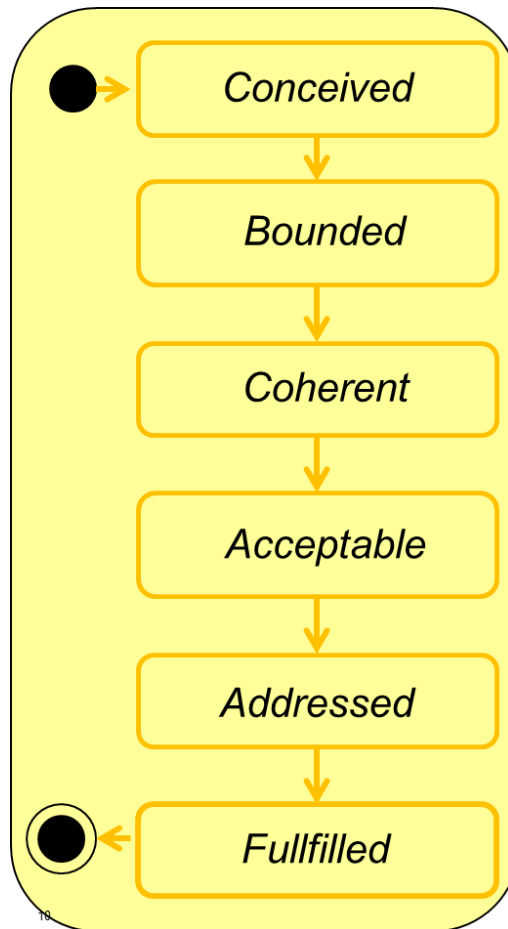
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# Essence Kernel monitors the common denominator of all SE projects



# Requirements – states



*The need for a new system has been agreed.*

*The purpose and theme of the new system are clear.*

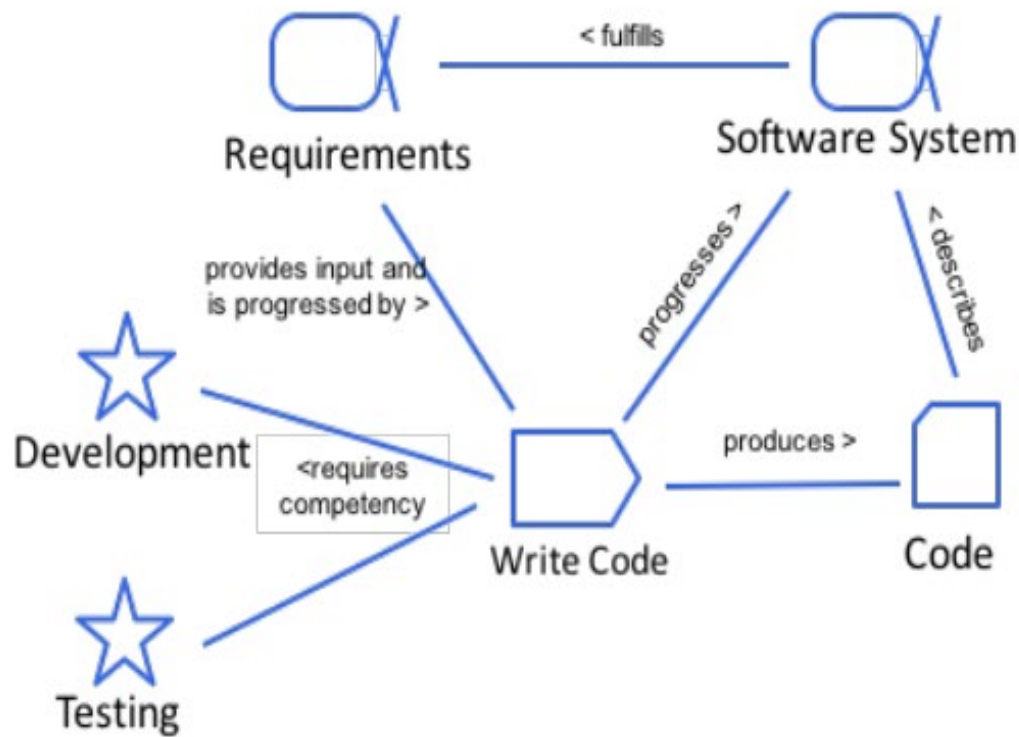
*The requirements provide a coherent description of the essential characteristics of the new system.*

*The requirements describe a system that is acceptable to the stakeholders.*

*Enough of the requirements have been addressed to satisfy the need for a new system in a way that is acceptable to the stakeholders.*

*The requirements have been addressed to fully satisfy the need for a new system.*

# Snap-shot of relations between elements – Practices



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# Agile Approaches - Agile Alliance

Lightweight approaches to satisfy the customers with  
"early and continuous delivery of valuable software"

## **Manifesto for Agile Software Development**

**Individuals and interactions** over processes and tools  
**Working software** over comprehensive documentation  
**Customer collaboration** over contract negotiation  
**Responding to change** over following a plan

(<http://agilemanifesto.org>, 2001)



# Extreme Programming

- Formulated in 1999 by Kent Beck
- XP is “a light-weight methodology for small to medium-sized teams developing software in the face of vague or rapidly changing requirements.”
- Driving good habits to the extreme



# XP Values

- Communication
  - On-site customer, user stories, pair programming, daily standup meetings, etc.
- Simplicity
  - "Do the simplest thing that could possibly work" (DTSTTCPW) principle
- Feedback
  - Unit tests tell programmers status of the system
  - Programmers produce new releases every 2-3 weeks for customers to review
- Courage
  - Communicate and accept feedback, throw code away, refactor the architecture of a system

# XP- Some Practices



## Pair Programming

- Programming as a collaborative conversation
- Focus on task
- Clarify ideas
- Rotate frequently



## Refactoring

- Improve the design of existing code without changing its functionality
- Tool support, e.g. Eclipse



## Stories

- "requirements", but not mandatory
- a token for a piece of system capability to be implemented
- Name + short story
- On index cards (paper)

## Continuous Integration

- Integrate and test often
- Automated build system
- Automated regression tests (e.g. JUnit)



## Test-First Programming

- Create tests before code
- Focus on interface and "what is needed"
- Gets tests for free

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# Scrum



Approach public in 1995 at OOPSLA

"Scrum" strategy used in rugby for getting an out-of-play ball back into play.

# Scrum in a nutshell

Small, cross-functional **teams**

**Product** split into small, roughly estimated, stories

**Iterations** - sprints

Continuous **improvement and deployment**

Slides by Aseel Berglund

# The Sprint



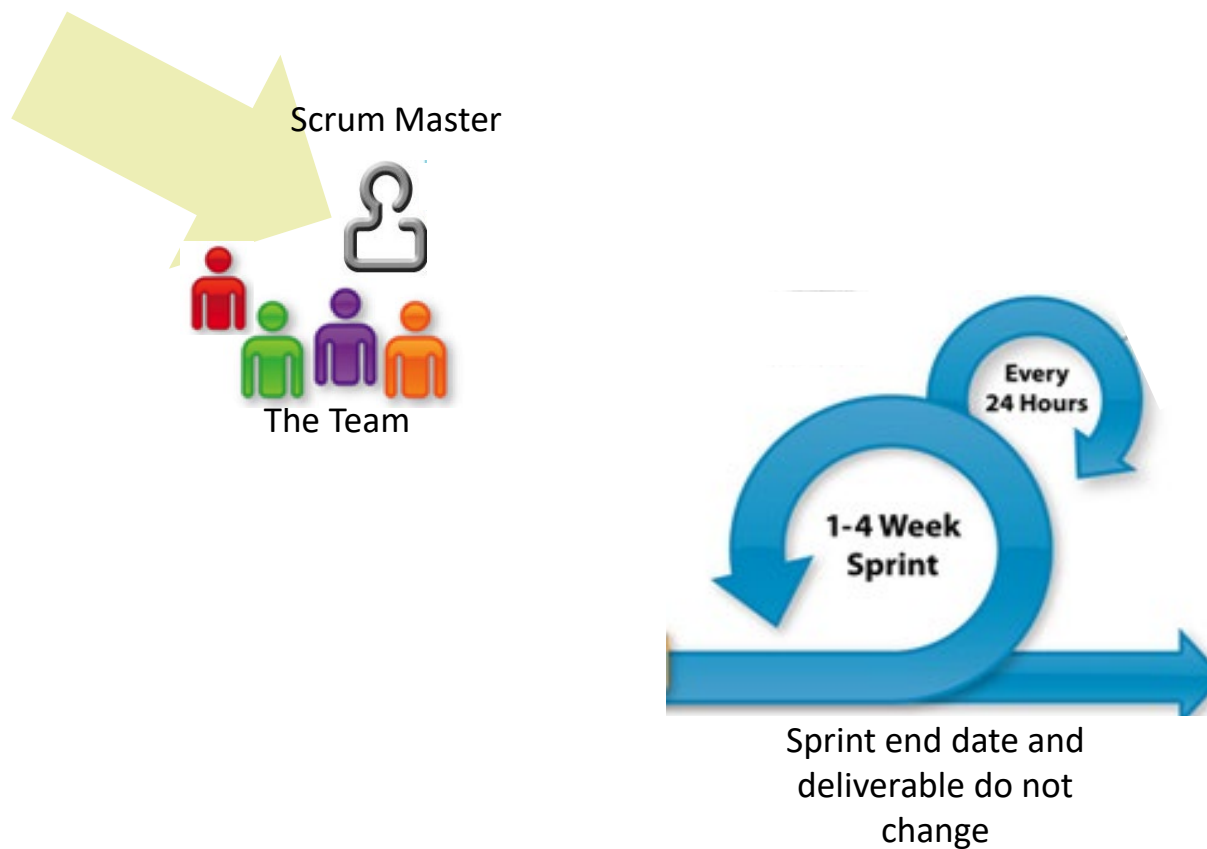
Sprint end date and  
deliverable do not  
change



# The Team









# The Product Owner

Inputs from Executives,  
Stakeholders, Customers,  
Users, Team



Scrum Master



Sprint end date and  
deliverable do not  
change



# The Product Backlog

Inputs from Executives,  
Stakeholders, Customers,  
Users, Team



Product Owner

Scrum Master



The Team

1 A prioritized  
2 list of what  
3 is required,  
4 features,  
5 stories  
6  
7

Product Backlog



Sprint end date and  
deliverable do not  
change



# The Sprint Planning Meeting

Inputs from Executives,  
Stakeholders, Customers,  
Users, Team



Product Owner

Scrum Master



The Team

1 A prioritized  
2 list of what  
3 is required,  
4 features,  
5 stories

Team selects  
starting at top  
as much as it  
can commit to  
deliver by end  
of sprint

Sprint  
Planning  
Meeting

Product Backlog



Sprint end date and  
deliverable do not  
change

# The Sprint Backlog

Inputs from Executives,  
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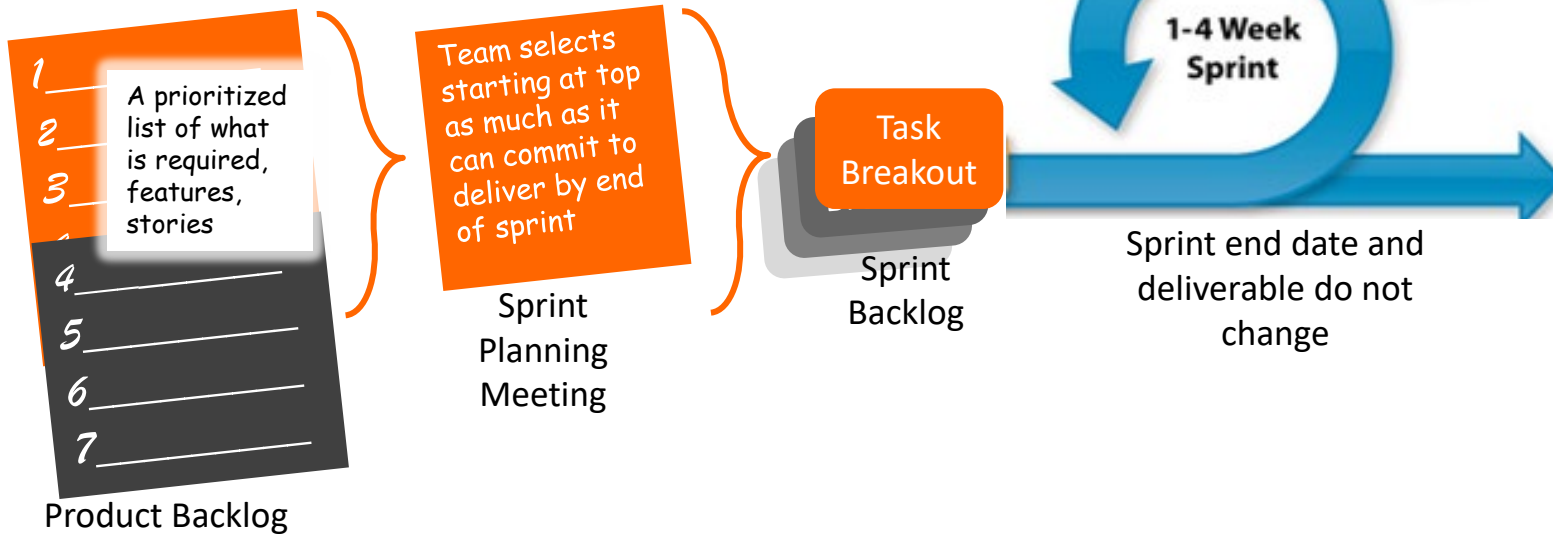


Product Owner

Scrum Master



The Team







# The Daily Scrum Meeting

Inputs from Executives,  
Stakeholders, Customers,  
Users, Team



Product Owner

Scrum Master



The Team

Daily  
Scrum  
Meeting



Every  
24 Hours

1-4 Week  
Sprint

Task  
Breakout

Sprint  
Backlog

Sprint end date and  
deliverable do not  
change

1  
2  
3  
4  
5  
6  
7

A prioritized  
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# The Burn Down Charts

Inputs from Executives,  
Stakeholders, Customers,  
Users, Team



Product Owner

Scrum Master



The Team



Burn down  
charts

Daily  
Scrum  
Meeting



Product Backlog

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1-4 Week  
Sprint

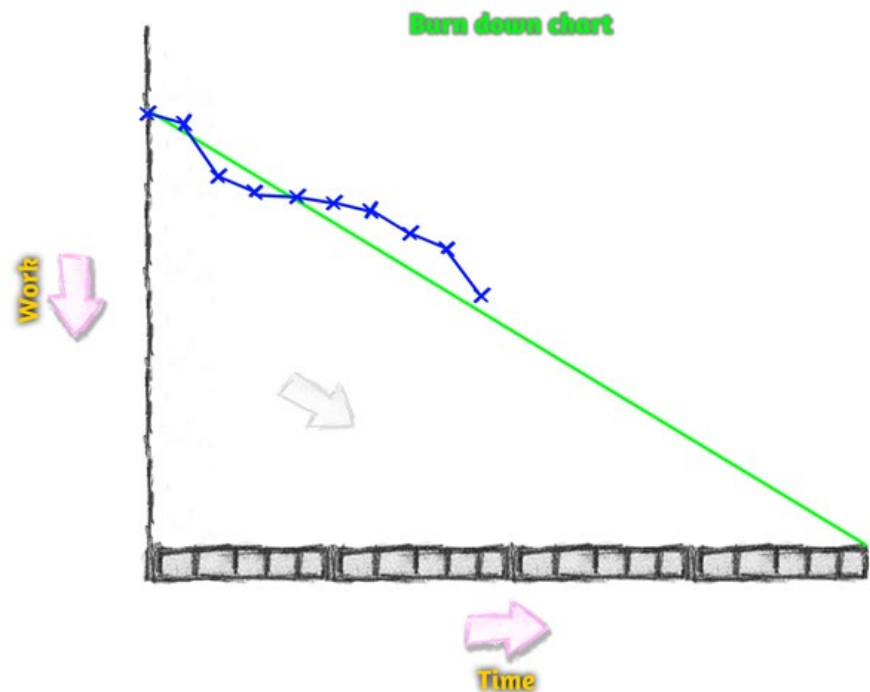
Every  
24 Hours

Sprint end date and  
deliverable do not  
change



# The burn down chart

- Only track hours remaining, not hours worked
- X – days (in Sprint)
- Y – hours remaining in **estimated** time or points
- Remove meeting time, vacation etc. from total available hours
- Update only when PBIs are DONE
- When not done – Undone PBIs



# The Sprint Review Meeting

Inputs from Executives,  
Stakeholders, Customers,  
Users, Team



Product Owner

Scrum Master



The Team



Burn down  
charts

Daily  
Scrum  
Meeting



Every  
24 Hours

1-4 Week  
Sprint

Sprint review meeting

Done?



Finished work

Sprint end date and  
deliverable do not  
change

Task  
Breakout

Sprint  
Backlog

Team selects  
starting at top  
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A prioritized  
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Product Backlog

# The Definition of Done!

**DONE!**

- When are we done?
- “No more remaining work”
- Includes testing, documentation etc.
- Possible to ship after each sprint
- Everybody – understand what done means

Tools to support done

- Version handling (SCM)
- Automated build
- Automated tests (Continuous Delivery)



# The Sprint Retrospective

Inputs from Executives,  
Stakeholders, Customers,  
Users, Team



Product Owner

Scrum Master



The Team



Burn down  
charts

Daily  
Scrum  
Meeting



Every  
24 Hours

1-4 Week  
Sprint

Sprint review meeting



Finished work

Sprint retrospective



Sprint end date and  
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# Which strategy do you prefer?

You have three books to read before the exam. Do you

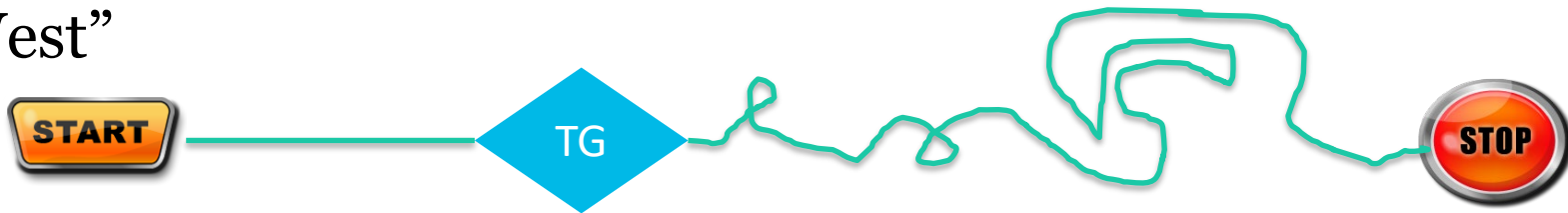
1. Work "little and often", you study each course for three hours per day; or
2. "Reduce multitasking", read the first book, then the second, and then the third?



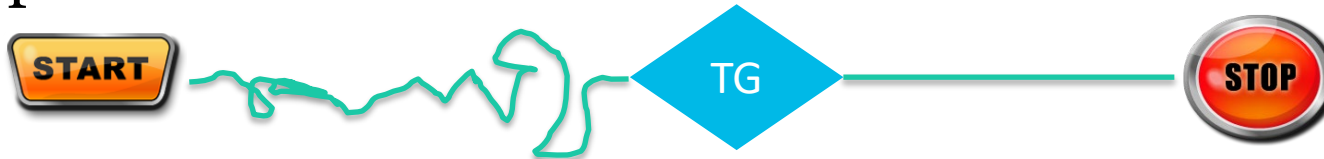
<https://www.menti.com/m5eyksempa>

# Lean methods according to Masayuki Yamaguchi(\*)

”West”



Japan



# Lean principles

- Eliminate waste – don't develop the wrong product
- Build quality in – automate tedious or error prone parts
- Create knowledge – continuous process improvement
- Defer commitment – wait until facts are known
- Deliver fast – limit queues
- Respect people – self-organized teams
- Optimize the whole – don't just fix bugs, solve problems



# Kanban

The two pillars of the Toyota production system are just-in-time production and automation with a human touch, or autonomation.

The tool used to operate the system is kanban.





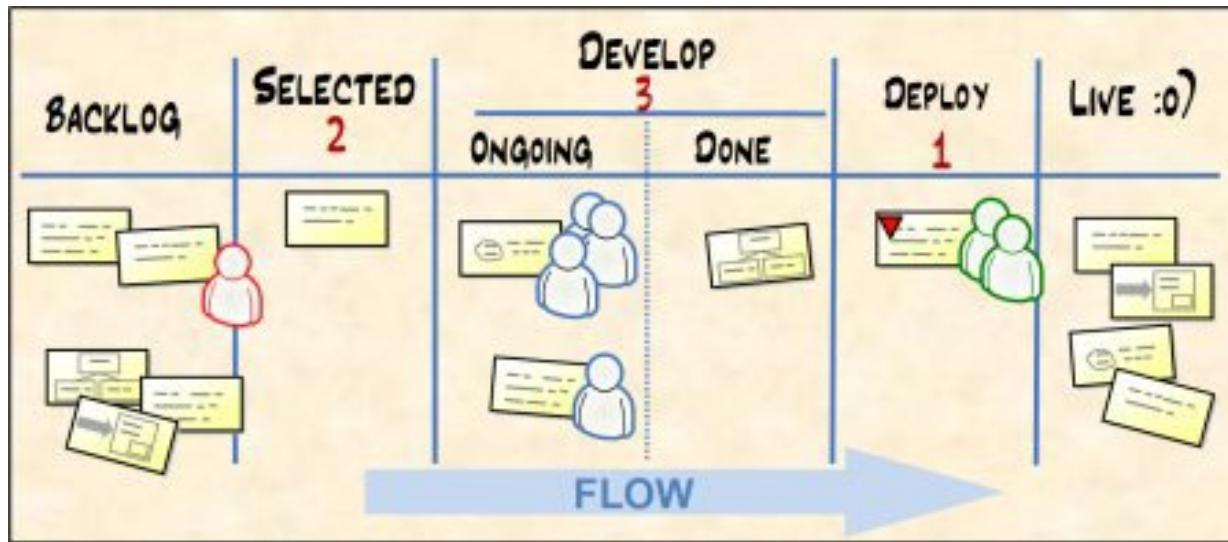
# 看板 - Kanban

- 看板 - Kanban is a Japanese word that means “visual card,” “signboard,” or “billboard.”
- Toyota originally used Kanban cards to limit the amount of inventory tied up in “work in progress” on a manufacturing floor
- Kanban is a **lean** approach to agile software development
- Focuses on the flow of progress

# How does Kanban Work?

- **Visualize the workflow**
  - Split the work into pieces, write each item on a card and put on the wall.
  - Use named columns to illustrate where each item is in the workflow.
- **Limit WIP** (work in progress) – assign explicit limits to how many items may be in progress at each workflow state.
- **Measure the lead time** (average time to complete one item, sometimes called “cycle time”), optimize the process to make lead time as small and predictable as possible.

# A simple Kanban Board



Source: <http://www.crisp.se/gratis-material-och-guider/kanban>  
Good book: <https://www.infoq.com/minibooks/kanban-scrum-minibook/>

# Work In Progress

Work In Progress, WIP, limits are designed to:

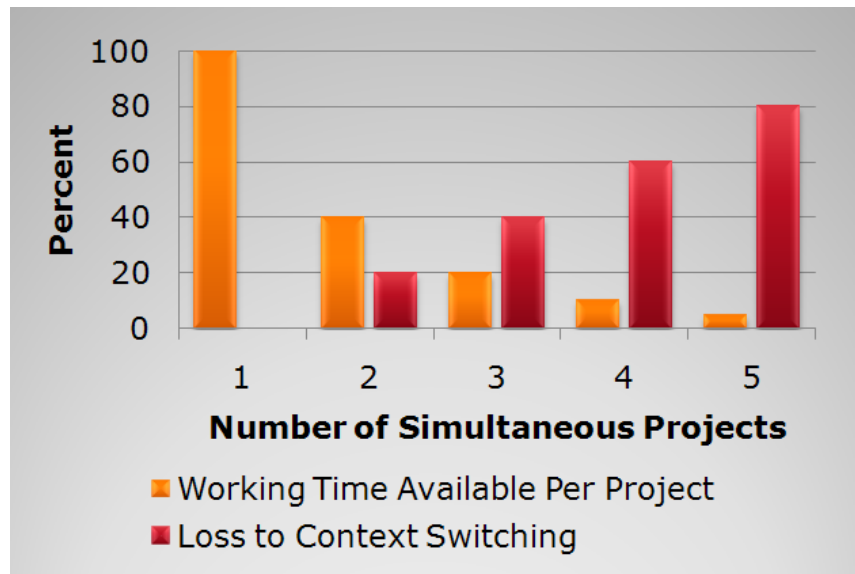
- reduce multitasking
- maximize throughput
- enhance teamwork

Reducing multitasking is beneficial for two primary reasons

# Reducing Multitasking

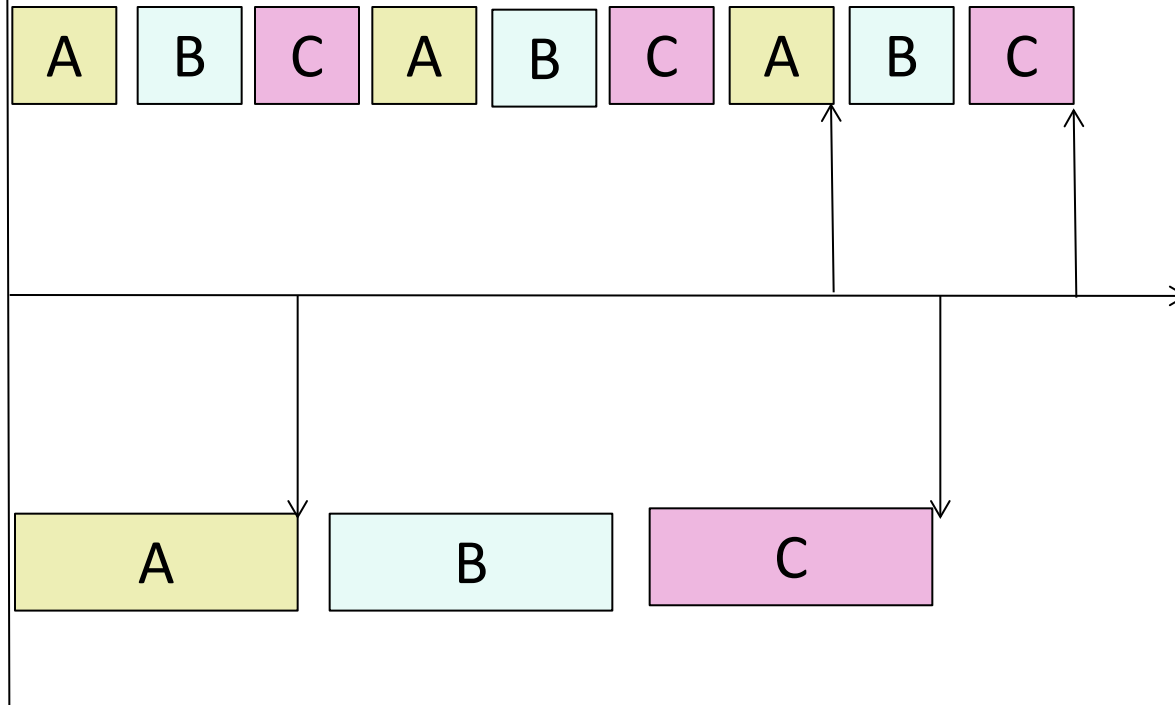
**1** 20% time is lost to context switching per 'task', so fewer tasks means less time lost

(from Gerald Weinberg, Quality Software Management: Systems Thinking)



# 2 Reducing Multitasking

Performing tasks sequentially yields results sooner.



multi-tasking A, B and C (on the top), delivers A much later, and even C slightly later, than sequentially (on the bottom).

# Typical Measurements

- **Cycle time** – Measured from when you started working on it
- **Lead time** – Measured from when the customer ordered
- **Quality** – Time spent fixing bugs per iteration
- **WIP** – Average number of “stories” in progress
- **Throughput** – Number of “stories” completed per iteration (when using fixed iterations)



# Benefits of Kanban

- Eliminate over-production, the #1 waste
- Produce only what is ordered, when ordered, & quantity ordered
- Increase flexibility to meet customer demand
- Competitive advantage by sequencing shipments to customers (what they want, when they want it, in the order they want it!)
- Several things are optional: sprints, estimation, agile practices. Even iterations!

# Good things with agile

- With waterfall you only did specification
- It is easier to make changes
- Collaboration and cross-functional teaming
- Works well under uncertainties - focus on high-risk development,
- Small teams protected from the organization (stop management to interfere)
- Works in some contexts, small teams, engaged customer

(From group discussion in a seminar lead by Jan Bosch, Chalmers and Helena Holmström-Olsson, MU)

# Bad things with agile

- Hard to connect with hardware development.
- It was a stressful transition from waterfall
- Missing on architecture perspective or larger picture
- Agile at scale hard to get working example: 17 teams in one room, teams do their planning in beforehand anyway
- So many prescribed things, such as meetings
- Irrelevant measures, velocity, story points – inhumane
- Impact from team changes
- Reactive
- Knowledge development of co-workers

# Beyond Agile

- Work architecture-driven
- Decouple teams from components and features
- Track the behavior of software in real-time
- Predict stakeholder needs
- Hypothesize and experiment

(Jan Bosch, Chalmers)

[www.liu.se](http://www.liu.se)