

# Neural correlates of the processing of unfilled and filled pauses

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## ABSTRACT

Spontaneously produced Unfilled Pauses (UPs) and Filled Pauses (FPs) were played to subjects in an fMRI experiment. While both stimuli resulted in increased activity in the Primary Auditory Cortex (PAC), FPs, unlike UPs, also elicited modulation in the Supplementary Motor Area, Brodmann Area 6.

This observation provides neurocognitive confirmation of the oft-reported difference between FPs and other kinds of speech disfluency and also could provide a partial explanation for the previously reported beneficial effect of FPs on reaction times in speech perception.

The results are discussed in the light of the suggested role of FPs as floor-holding devices in human polylogs.

**Keywords:** speech disfluency, filled pauses, unfilled pauses, speech perception, spontaneous speech, fMRI, Auditory Cortex, PAC, Supplementary Motor Area, SMA, Brodmann Area 6, BA6

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## INTRODUCTION

Almost no one is completely fluent.

The most common voiced disfluency is the filled pause (FP), "eh". The reported average frequency of filled pauses (FPs) ranges from 1.9 to 7.6% (Eklund, 2010).

Studies indicate that certain kinds of disfluencies can have beneficial effects on listener perception (Fraundorf & Watson, 2011; Barr & Seyfeddinipur, 2010; Ferreira & Bailey, 2004; Fox Tree, 2001, 1995; Reich, 1980).

Neurocognitive studies have traditionally focussed on electrophysiological studies, beginning with Kutas and Hillyard (1980) on N400 component.

The present study uses functional Magnetic Resonance Imaging (fMRI) to analyse the effect of authentic disfluencies proper to study the effect of unfilled and filler pauses on brain processing.

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## METHOD (1)

### Subjects

The subjects were 16 healthy adults (9 F/7M) ages 22–54 (mean age 40.3, standard deviation 9.5) with no reported hearing problems. All subjects were right-handed as determined by the Edinburgh Handedness Inventory (Oldfield, 1971). All subjects possessed higher education. After a description of the study, including a description of fMRI methodology, written and informed consent was obtained from all subjects. A small participation remuneration was also administered.

### Equipment

The fMRI scanner used was the General Electric 1.5T Excite HD Twinspeed scanner at Karolinska Institute, MR-center, Stockholm, Sweden. The coil used was a General Electrics Standard bird-cage head-coil (1.5T).

### Stimulus data

The stimulus data used were excerpts from the human-human dialog speech data described in Eklund (2004: 187–190). Subjects were asked to play the role of travel agents listening to customers making travel bookings over the telephone, following a task sheet (Eklund, 2004: 185)

From the original data set, four speakers were chosen (2M/2F) and a number of sentences were excised that were fluent except that they included a number of UPs and an approximately equal number of FPs. The resulting number of both UPs and FPs roughly corresponded to reported incidence of UPs and FPs in spontaneous speech.

Stimulus data are shown in Table 1.

Table 1. Stimulus data. Legend: UPs = Unfilled Pauses; FPs = Filled Pauses; MIT = Mean Interstimulus Time in seconds.

Stimulus File	No. UPs / MIT	No. FPs / MIT
1	17 / 11.9 s	23 / 7.1 s
2	9 / 9.7 s	8 / 13.8 s
3	10 / 5.5 s	9 / 8.7 s
4	22 / 7.2 s	15 / 10.7 s

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## METHOD (2)

### Experimental design

The stimulus files described above were used in an event-related experiment. After initial localizer anatomical scanning sessions, the four stimulus files (M/F/M/F) were played. During the intermissions the subjects were briefed whether they were still awake/focused on the task. Interstimulus intervals were of sufficient duration so as to allow for reliable BOLD acquisition. FPs and UPs were modelled as events in SPM and were convolved using the Haemodynamic Response Function (HRF) in SPM.

### Experimental setting

The subjects lay supine/head first in the scanner with earplugs to protect them from scanner noise and headphones with the sound data played to them. The perceived sound level was quite sufficient and no subjects reported having any problems hearing what was said. Head movement was constrained using foam wedges and/or tape.

### Experimental instructions

The subjects were instructed to listen carefully to what was said, as if they were the addressed travel agent, but that they were not expected to react verbally to the utterances or say anything, only that they needed to pay attention to the information provided by the clients. All subjects understood the instructions without any confusion.

### Experimental design: data acquisition

Stimulus file #1	Stimulus file #2	Stimulus file #3	Stimulus file #4
Female	Male	Female	Male
Duration: 3:30	2:22	1:33	3:05
# utterances: 35	31	19	19
# filled pauses: 254	224	199	239
# unfilled pauses: 17	9	10	22
Filled pauses: 5, 12, 16, ...	7, 13, 28, ...	5, 10, ...	7, 28, 31, ...
Unfilled pauses: 7, 17, 25, ...	16, 17, 31, ...	24, 36, ...	9, 12, 14, ...

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## METHOD (3)

### Post-experiment interview

After the scanning, all subjects were interviewed in order to confirm that they had been awake and focused during the experiment. A self-rating scale of how attentive the subjects felt they had been during the sessions was also used. All subjects reported that they had been attentive at a satisfactory level.

### MRI scans

For each subject, a T1-weighted coronal spoiled gradient recalled (SPGR) image volume was obtained to serve as anatomical reference (TR/TE= 24.0/ 6.0 ms; flip angle 35°; voxel size = 1 1 1 mm<sup>3</sup>).

Moreover, BOLD-sensitized fMRI was carried out by using echo-planar imaging EPI using 32 axial slices (TR/TE=2500/40 ms, flip = 90 deg, voxel size = 3.75 3.75 4 mm<sup>3</sup>).

In total, T2\*-weighted images were collected four sessions: (3m30s/80 volumes; 2m22s/53 volumes; 1m33s/33 volumes; 3m05s/70 volumes).

### Post-processing

The images were post-processed and analyzed using MatLab R2007a and SPM5 (Friston et al., 2007). The images were realigned, co-registered and normalized to the EPI template image in SPM5 and finally smoothed using a FWHM (Full-Width Half Maximum) of 6 mm.

Regressors pertaining to subject head movement (3 translational and 3 rotational) were included as parameters of no-interest in the general linear model at the first level of analysis.

No subjects were excluded due to head motion or for any other image acquisition related causes. Analyses were also carried out using the SPM Anatomy Toolbox (Amunts, Schleicher & Zilles, 2007; Eickhoff et al., 2007, 2006, 2005).

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## COMMENTS ON DATA AND ANALYSES

1. We used *fMRI* to study disfluency perception, not EEG with its focus on temporal aspects of speech perception.
2. We investigated perceptual modulation caused by *FPs proper*, not their effect on ensuing items (words, phrases) or general cognitive processing.
3. Unlike previous studies where the auditory stimuli often have been scripted laboratory speech, we used *ecologically valid stimulus data*.

## ANALYSES AND RESULTS (1)

Using Fluent Speech (FS) as the baseline condition, the following three contrasts were analyzed:

- (1) Filled Pauses > Fluent Speech
- (2) Unfilled Pauses > Fluent Speech
- (3) Filled Pauses > Unfilled Pauses

The results were calculated with a False Discovery Rate (FDR) at  $p < 0.05$  (Genovese, Lazar & Nichols, 2002) with a cluster level threshold of 10 contiguous voxels.

No activation in Brodmann Area 22, associated with semantic processing, was observed.

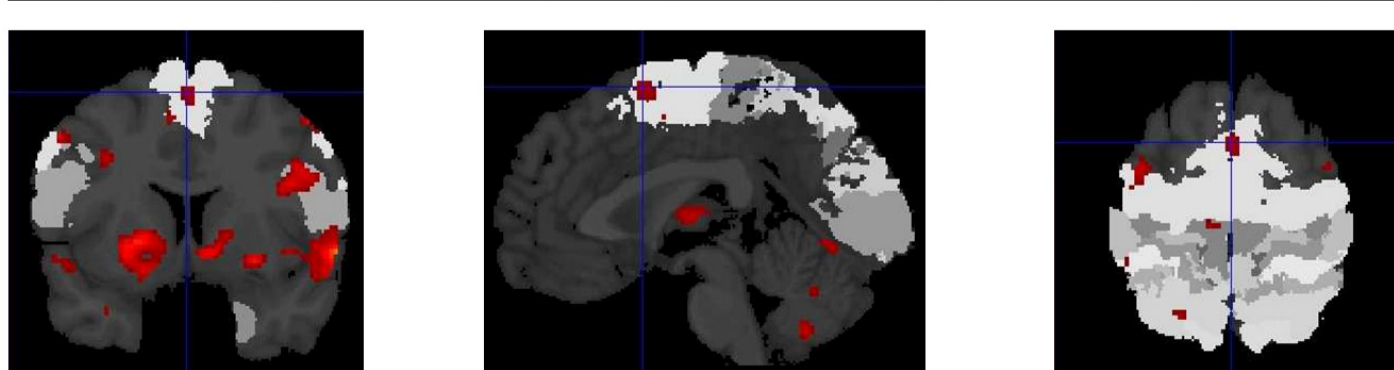
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## ANALYSES AND RESULTS (2)

Results are shown in Table 2 and Figure 1 below:

Table 2. Locations of significant activation for three contrasts, FDR-corrected at  $p < 0.05$  and with a cluster level threshold of 10 contiguous voxels, analyzed with SPM4 (Friston et al., 2007) and the SPM Anatomy Toolbox (Eickhoff et al., 2007, 2006, 2007). Brodmann Areas were identified using the Talairach Atlas (Talairach & Tournoux, 1988) and the Talairach Client/Daemon ([www.talairach.org](http://www.talairach.org)), using a Cube Range setting of 5 mm.

Contrast	Area	Brodmann	Coordinates			MNI	Number of voxels	T		
			x	y	z					
Filled Pauses > Fluent Speech	Auditory cortex (SPG)	BA-42/43	-42	-27	+13	-42	-27	+17	1001	13.82
	Auditory cortex (SPG)	BA-42/43	+13	-28	-44	+13	-28	-44	696	13.82
	Cerebellum (SPG)	BA-9	-19	-70	-28	-19	-70	-28	502	13.82
	Precentral (SPG)	BA-6	-12	+1	+4	-12	+1	+4	386	13.82
	Supplementary Motor Area (SPG)	BA-6	+18	+1	+18	+18	+1	+18	289	13.82
	Supplementary Motor Area (SPG)	BA-6	+18	+1	+18	+18	+1	+18	147	13.82
Unfilled Pauses > Fluent Speech	Auditory cortex (SPG)	BA-42/43	+18	-27	+1	+18	-27	+1	1096	13.87
	Auditory cortex (SPG)	BA-42/43	-17	-28	+23	-17	-28	+23	758	13.87
	Right-hem. Opercular (SPG)	BA-44	+17	-12	+22	+17	-12	+22	158	13.87
	Supplementary Motor Area (SPG)	BA-6	+18	+1	+18	+18	+1	+18	102	13.82
Filled Pauses > Unfilled Pauses	Auditory cortex (SPG)	BA-42/43	-34	-27	+4	-34	-27	+4	1027	13.53
	Auditory cortex (SPG)	BA-42/43	+18	-28	-12	+18	-28	-12	884	13.53
	Cerebellum (SPG)	BA-9	-12	-67	-23	-12	-67	-23	423	13.53
	Supplementary Motor Area (SPG)	BA-6	+17	+13	+18	+17	+13	+18	181	13.53
	Right-hem. Frontal Oper. (SPG)	BA-45	+16	+13	+4	+16	+13	+4	35	13.53
	Supplementary Motor Area (SPG)	BA-6	+17	+1	+18	+17	+1	+18	34	13.53



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## DISCUSSION AND CONCLUSIONS

- (1) **UPs and FPs modulated the Primary Auditory Cortex (PAC).** That heightened attention influences auditory perception has been shown (Petkov et al. (2004 and more) and the observed attention-heightening function of FPs could possibly help explain the shorter reaction times to linguistic stimuli that follow FPs as reported by e.g. Fox Tree (2001, 1995). Note, however, that UPs also exhibited PAC activation.

→ Both UPs and FPs lead to heightened attention

- (2) **Filled Pauses activated (pre-)motor areas, (e.g. BA6).** (Not observed in UPs.)

Known already since Brickner (1940) that SMA is active in the processing of speech, and several later studies have confirmed both SMA and pre-SMA play a role in both speech *production* (e.g. Goldberg, 1985; Alario et al., 2006) and speech *perception* (e.g. Iacoboni, 2008; Wilson et al., 2004 and many more).

→ FPs seem to "kicks-start" speech production?

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## POTENTIAL IMPLICATIONS

- (1) **"floor-holding" hypothesis** of FPs, as first proposed by Maclay and Osgood (1959); that FPs are used to keep the floor in polylogs  
→ Our results imply that FPs are counter-productive for this
- (2) **"help-me-out" hypothesis**, as suggested in Clark and Wilkes-Gibbs (1986): FPs are/can be used as a (semi-deliberate) signal asking for interlocutor help in conversation  
→ Our results imply that FPs might serve this function well

## SUMMING IT UP

Our results suggest that FPs – unlike FS and UPs – activate motor areas in the listening brain. However, both FPs and UPs activate PAC, which lends support to the attention-heightening hypothesis that has been forwarded in the literature.

It would also seem clear that it is not the break in the speech stream per se that causes this activation, since UPs seemingly do not have this effect.

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